

Provinciale kampioenschappen LA. 29-10-2023 Antwerpen
Antwerpen, 29/10/2023

1 - zondag 29 oktober 2023

29/10/2023 - 9:00

Programmanr. 1
29/10/2023 - 9:00

Heren, 800m vrije slag

14 jaar en ouder
Resultaten

Punten: FINA 2022

Rang							Inschr.	Tijd	Pnt
1.	Opdebeeck Thomas						BRABO/11186/C11:14.43	9:19.51	527
	100m:	1:03.79	300m:	500m:	700m:				
	200m:	2:13.31	400m:	4:34.71	600m:	800m:	9:19.51		
2.	Claeskens Milan						DBT/11091/06 9:31.09	9:28.39	503
	100m:	1:05.29	300m:	500m:	700m:				
	200m:	2:16.29	400m:	4:41.48	600m:	800m:	9:28.39		
3.	Janssens Renzo						BRABO/10072/C10:14.15	9:44.10	463
	100m:	1:07.90	300m:	500m:	700m:				
	200m:	2:20.47	400m:	4:45.52	600m:	800m:	9:44.10		
4.	Theunissen Toon						DBT/11120/09 9:48.16	9:52.85	443
	100m:	1:07.67	300m:	500m:	700m:				
	200m:	2:21.22	400m:	4:51.24	600m:	800m:	9:52.85		
5.	Francken Tiebe						AZK/11033/06 10:13.13	10:03.21	421
	100m:	1:11.50	300m:	500m:	700m:				
	200m:	2:27.06	400m:	4:58.36	600m:	800m:	10:03.21		
6.	Van Loon Wies						AZK/11073/09 11:26.71	10:30.17	369
	100m:	1:13.49	300m:	500m:	700m:				
	200m:	2:34.46	400m:	5:18.31	600m:	800m:	10:30.17		
7.	Jorissen Quinten						AZK/11059/09 11:00.00	11:14.16	301
	100m:	1:16.02	300m:	500m:	700m:				
	200m:	2:41.31	400m:	5:35.26	600m:	800m:	11:14.16		
FF	Bracke Erno						FFBRABO/11311/C10:13.15		

Programmanr. 2
29/10/2023 - 9:23

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang							Inschr.	Tijd	Pnt
11 jaar									
1.	Couvreur Fred						HOZT/11060/12 19:20.21	20:48.51	339
	100m:	1:17.87	400m:	5:30.30	700m:	1000m:	1300m:		
	200m:	2:40.68	500m:	11:08.71	800m:	1100m:	1400m:		
	300m:		600m:	900m:	1200m:	1500m:	20:48.51		
2.	Dillen Finn						ZGEEL/11130/11:19:32.51	21:42.76	298
	100m:	1:20.81	400m:	5:48.30	700m:	1000m:	1300m:		
	200m:	2:50.49	500m:	11:44.97	800m:	1100m:	1400m:		
	300m:		600m:	900m:	1200m:	1500m:	21:42.76		
3.	Bettens Stan						ZOLA/11143/12 19:20.20	25:15.42	189
	100m:	1:33.85	400m:	6:40.81	700m:	1000m:	1300m:		
	200m:	3:17.10	500m:	13:28.87	800m:	1100m:	1400m:		
	300m:		600m:	900m:	1200m:	1500m:	25:15.42		
12 jaar									
1.	Hufkens Ilian						SHARK/11194/119:25.50	20:01.06	381
	100m:	1:14.67	400m:	5:17.30	700m:	1000m:	1300m:		
	200m:	2:35.37	500m:	10:39.67	800m:	1100m:	1400m:		
	300m:		600m:	900m:	1200m:	1500m:	20:01.06		

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Programmanr. 2, Jongens, 1500m vrije slag, 12 jaar

Rang					Inschr.	Tijd	Pnt
2.	Keustermans Lard				HOZT/11054/11	21:09.41	20:56.85 332
	100m:	1:21.65	400m:	5:34.61	700m:	1000m:	1300m:
	200m:	2:45.64	500m:		800m:	11:09.72	1100m:
	300m:		600m:		900m:	1200m:	1500m: 20:56.85
3.	Fransen Dylano				PZC/11096/11	22:57.50	22:52.66 255
	100m:	1:24.47	400m:	6:08.94	700m:	1000m:	1300m:
	200m:	3:00.07	500m:		800m:	12:17.55	1100m:
	300m:		600m:		900m:	1200m:	1500m: 22:52.66

13 jaar

1.	Vos Sem				GZVN/11257/10	20:35.60	19:06.91 438
	100m:	1:10.76	400m:	5:03.81	700m:	1000m:	1300m:
	200m:	2:27.65	500m:		800m:	10:11.68	1100m:
	300m:		600m:		900m:	1200m:	1500m: 19:06.91
2.	Vangrootloon Jef				STZC/11009/10	19:15.08	19:17.55 426
	100m:	1:11.86	400m:	5:02.50	700m:	1000m:	1300m:
	200m:	2:28.05	500m:		800m:	10:17.20	1100m:
	300m:		600m:		900m:	1200m:	1500m: 19:17.55
3.	Vandepoel Quinten				STZC/11007/10	19:20.24	19:36.51 405
	100m:	1:10.34	400m:	5:04.27	700m:	1000m:	1300m:
	200m:	2:27.72	500m:		800m:	10:21.29	1100m:
	300m:		600m:		900m:	1200m:	1500m: 19:36.51
4.	Roosen Lukas				PZC/11077/10	20:07.05	19:53.77 388
	100m:	1:16.21	400m:	5:19.33	700m:	1000m:	1300m:
	200m:	2:37.87	500m:		800m:	10:41.62	1100m:
	300m:		600m:		900m:	1200m:	1500m: 19:53.77
5.	Bettens Lucas				ZOLA/11113/10	23:00.39	20:01.92 380
	100m:	1:15.27	400m:	5:16.34	700m:	1000m:	1300m:
	200m:	2:34.09	500m:		800m:	10:39.09	1100m:
	300m:		600m:		900m:	1200m:	1500m: 20:01.92
6.	Van Campfort Nicolas				BRABO/11427/120	20:30.53	20:15.08 368
	100m:	1:14.40	400m:	5:19.40	700m:	1000m:	1300m:
	200m:	2:34.47	500m:		800m:	10:44.83	1100m:
	300m:		600m:		900m:	1200m:	1500m: 20:15.08
7.	Leyssen Warre				PZC/11082/10	21:17.40	20:34.21 351
	100m:	1:08.57	400m:	5:28.75	700m:	1000m:	1300m:
	200m:	2:42.71	500m:		800m:	11:00.96	1100m:
	300m:		600m:		900m:	1200m:	1500m: 20:34.21
8.	van den Berg Jasper				PZC/11086/10	21:14.90	21:15.40 318
	100m:	1:20.25	400m:	5:38.03	700m:	1000m:	1300m:
	200m:	2:46.86	500m:		800m:	11:19.83	1100m:
	300m:		600m:		900m:	1200m:	1500m: 21:15.40
9.	Ottevaere Benjamin				AZK/11081/10	23:15.00	23:40.03 230
	100m:	1:26.03	400m:	6:09.48	700m:	1000m:	1300m:
	200m:	3:00.24	500m:		800m:	12:38.06	1100m:
	300m:		600m:		900m:	1200m:	1500m: 23:40.03

14 jaar

1.	Van Brussel Dylano				BRABO/11313/C21	21:44.01	18:29.87 483
	100m:	1:08.58	400m:	4:55.09	700m:	1000m:	1300m:
	200m:	2:24.17	500m:		800m:	9:53.25	1100m:
	300m:		600m:		900m:	1200m:	1500m: 18:29.87
2.	Michoel Quinten				ZGEEL/11112/0	22:19.83	18:45.66 463
	100m:	1:08.89	400m:	4:55.81	700m:	1000m:	1300m:
	200m:	2:24.10	500m:		800m:	10:00.26	1100m:
	300m:		600m:		900m:	1200m:	1500m: 18:45.66

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Programmanr. 2, Jongens, 1500m vrije slag, 14 jaar

Rang					Inschr.	Tijd	Pnt
3.	D'espallier Daan				BRABO/11287/C20:59.88	18:49.03	459
	100m: 1:09.85	400m: 4:57.97	700m: 10:03.77	1000m: 18:49.03			
	200m: 2:25.69	500m: 8:00m: 10:03.77	1100m: 18:49.03	1300m: 18:49.03			
	300m: 600m: 900m: 1200m: 1500m:						
4.	Keisers Tibo				AZV/11060/09 22:19.82	18:56.53	450
	100m: 1:09.26	400m: 4:59.89	700m: 10:02.84	1000m: 18:56.53			
	200m: 2:26.84	500m: 8:00m: 10:02.84	1100m: 18:56.53	1300m: 18:56.53			
	300m: 600m: 900m: 1200m: 1500m:						
5.	Van Tilburg Matthias				ZGEEL/11084/020:10.50	18:59.95	446
	100m: 1:10.60	400m: 5:01.55	700m: 10:09.28	1000m: 18:59.95			
	200m: 2:27.65	500m: 8:00m: 10:09.28	1100m: 18:59.95	1300m: 18:59.95			
	300m: 600m: 900m: 1200m: 1500m:						
6.	Clockaerts Mathis				BRABO/11377/C20:59.96	20:29.82	355
	100m: 1:15.31	400m: 5:21.99	700m: 10:48.93	1000m: 20:29.82			
	200m: 2:37.92	500m: 8:00m: 10:48.93	1100m: 20:29.82	1300m: 20:29.82			
	300m: 600m: 900m: 1200m: 1500m:						
7.	Opdenbergh Merlijn				BRABO/11328/C20:05.43	20:30.17	354
	100m: 1:12.77	400m: 5:09.60	700m: 10:38.45	1000m: 20:30.17			
	200m: 2:30.72	500m: 8:00m: 10:38.45	1100m: 20:30.17	1300m: 20:30.17			
	300m: 600m: 900m: 1200m: 1500m:						

15 jaar

1.	Van Wellen Joseph				HOZT/11017/08 17:54.48	17:27.08	575
	100m: 1:06.09	400m: 4:38.40	700m: 9:19.90	1000m: 17:27.08			
	200m: 2:17.22	500m: 8:00m: 9:19.90	1100m: 17:27.08	1300m: 17:27.08			
	300m: 600m: 900m: 1200m: 1500m:						
2.	Ravelingien Tibe				BRABO/11274/C18:35.45	17:53.43	534
	100m: 1:06.28	400m: 4:42.17	700m: 9:31.05	1000m: 17:53.43			
	200m: 2:18.03	500m: 8:00m: 9:31.05	1100m: 17:53.43	1300m: 17:53.43			
	300m: 600m: 900m: 1200m: 1500m:						
3.	Van Ballaer Viktor				ZGEEL/11091/0119:46.03	18:25.59	488
	100m: 1:09.20	400m: 4:53.49	700m: 9:50.59	1000m: 18:25.59			
	200m: 2:23.68	500m: 8:00m: 9:50.59	1100m: 18:25.59	1300m: 18:25.59			
	300m: 600m: 900m: 1200m: 1500m:						
4.	Haesendonckx Jarne				ZGEEL/11117/0119:45.77	18:52.67	454
	100m: 1:10.57	400m: 4:59.48	700m: 10:04.19	1000m: 18:52.67			
	200m: 2:26.72	500m: 8:00m: 10:04.19	1100m: 18:52.67	1300m: 18:52.67			
	300m: 600m: 900m: 1200m: 1500m:						
5.	Kenens Simon				GZVN/11171/08 21:12.23	20:25.43	359
	100m: 1:13.64	400m: 5:19.65	700m: 10:50.99	1000m: 20:25.43			
	200m: 2:35.85	500m: 8:00m: 10:50.99	1100m: 20:25.43	1300m: 20:25.43			
	300m: 600m: 900m: 1200m: 1500m:						

16 jaar

1.	Van Hooydonck Vincent				BRABO/11137/C17:42.03	17:04.44	614
	100m: 1:03.12	400m: 4:30.19	700m: 9:07.72	1000m: 17:04.44			
	200m: 2:11.31	500m: 8:00m: 9:07.72	1100m: 17:04.44	1300m: 17:04.44			
	300m: 600m: 900m: 1200m: 1500m:						
2.	Claassen Ilario				AZV/11045/07 16:14.97	17:18.74	589
	100m: 1:02.27	400m: 4:28.15	700m: 9:05.77	1000m: 17:18.74			
	200m: 2:10.36	500m: 8:00m: 9:05.77	1100m: 17:18.74	1300m: 17:18.74			
	300m: 600m: 900m: 1200m: 1500m:						
3.	Horovyi Mykyta				ZOLA/11136/07 17:19.99	17:42.93	550
	100m: 1:03.01	400m: 4:39.82	700m: 9:23.47	1000m: 17:42.93			
	200m: 2:11.86	500m: 8:00m: 9:23.47	1100m: 17:42.93	1300m: 17:42.93			
	300m: 600m: 900m: 1200m: 1500m:						

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Programmanr. 2, Jongens, 1500m vrije slag, 16 jaar

Rang					Inscr.	Tijd	Pnt
4.	Dries Klaas				ZGEEL/11071/0	18:10.28	17:59.96 524
	100m:	1:08.70	400m:	4:46.20	700m:	1000m:	1300m:
	200m:	2:20.61	500m:		800m:	9:36.98	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 17:59.96
5.	De Koning Ruben				BRABO/11376/C	19:40.35	19:07.24 437
	100m:	1:09.77	400m:	4:59.38	700m:	1000m:	1300m:
	200m:	2:26.38	500m:		800m:	10:06.38	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 19:07.24
FF	Delsaerdt Boyd				FFSHARK/11207/0	17:46.80	

17 - 18 jaar

1.	Wouters Cas				BRABO/11168/C	17:44.20	18:07.71 513
	100m:	1:06.04	400m:	4:40.89	700m:	1000m:	1300m:
	200m:	2:17.33	500m:		800m:	9:13.15	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 18:07.71
2.	Lampo Olivier				BRABO/11148/C	18:40.20	18:19.20 497
	100m:	1:07.61	400m:	4:45.26	700m:	1000m:	1300m:
	200m:	2:19.42	500m:		800m:	9:38.29	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 18:19.20
3.	Ost Ryan				HOZT/11012/06	17:42.94	18:24.39 490
	100m:	1:06.41	400m:	4:44.98	700m:	1000m:	1300m:
	200m:	2:18.53	500m:		800m:	9:40.59	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 18:24.39
4.	Geraerds Luka				GZVN/11335/05	19:03.07	19:07.43 437
	100m:	1:10.13	400m:	4:59.52	700m:	1000m:	1300m:
	200m:	2:25.55	500m:		800m:	10:11.45	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 19:07.43
5.	Closset Casimir				BRABO/11341/C	19:30.25	19:23.61 419
	100m:	1:10.11	400m:	5:00.23	700m:	1000m:	1300m:
	200m:	2:27.22	500m:		800m:	10:13.03	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 19:23.61
FF	Raes Senne				FFBRABO/11170/C	16:59.82	

19 jaar en ouder

1.	Martens Noah				BRABO/11222/C	15:41.60	16:26.53 688
	100m:	59.71	400m:	4:15.79	700m:	1000m:	1300m:
	200m:	2:04.63	500m:		800m:	8:40.20	1100m:
	300m:		600m:		900m:	1200m:	1400m:
							1500m: 16:26.53

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2 - zondag 29 oktober 2023

29/10/2023 - 14:00

Programmanr. 3
29/10/2023 - 14:00

Dames, 1500m vrije slag

14 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
1. Graham Jil	HOZT/21023/06 18:28.19	18:20.13	585
100m: 1:10.96	400m: 4:56.02	700m: 1000m:	1300m:
200m: 2:26.09	500m: 800m: 9:53.43	1100m: 1400m:	1500m: 18:20.13
300m: 600m:	900m: 1200m:		
2. Mertens Helena	SHARK/21146/019:32.50	18:48.36	542
100m: 1:10.06	400m: 4:59.04	700m: 1000m:	1300m:
200m: 2:26.39	500m: 800m: 10:03.53	1100m: 1400m:	1500m: 18:48.36
300m: 600m:	900m: 1200m:		
3. Vertessen Fran	DBT/21114/09 18:45.00	18:49.05	541
100m: 1:10.98	400m: 4:58.46	700m: 1000m:	1300m:
200m: 2:26.77	500m: 800m: 10:00.98	1100m: 1400m:	1500m: 18:49.05
300m: 600m:	900m: 1200m:		
4. Kuznetcova Svetlana	BRABO/21444/C19:15.34	19:04.78	519
100m: 1:11.89	400m: 4:58.71	700m: 1000m:	1300m:
200m: 2:27.31	500m: 800m: 10:04.46	1100m: 1400m:	1500m: 19:04.78
300m: 600m:	900m: 1200m:		
5. Zangari Aurora	GZVN/21195/09 22:01.33	19:07.66	515
100m: 1:10.73	400m: 4:57.60	700m: 1000m:	1300m:
200m: 2:26.30	500m: 800m: 10:04.56	1100m: 1400m:	1500m: 19:07.66
300m: 600m:	900m: 1200m:		
6. Lambrechts Noa	DBT/21136/09 18:45.00	19:22.78	496
100m: 1:10.75	400m: 4:58.34	700m: 1000m:	1300m:
200m: 2:26.31	500m: 800m: 10:05.93	1100m: 1400m:	1500m: 19:22.78
300m: 600m:	900m: 1200m:		
7. Willaert Ayla	HOZT/21038/09 19:33.53	19:32.17	484
100m: 1:12.53	400m: 5:13.20	700m: 1000m:	1300m:
200m: 2:31.28	500m: 800m: 10:32.63	1100m: 1400m:	1500m: 19:32.17
300m: 600m:	900m: 1200m:		
8. Aernouts Roos	AZK/21040/08 20:30.00	20:55.75	393
100m: 1:15.54	400m: 5:29.71	700m: 1000m:	1300m:
200m: 2:40.05	500m: 800m: 11:09.55	1100m: 1400m:	1500m: 20:55.75
300m: 600m:	900m: 1200m:		
9. Lauwers Lotte	KST/21049/08 21:59.99	21:07.06	383
100m: 1:17.15	400m: 5:31.59	700m: 1000m:	1300m:
200m: 2:41.56	500m: 800m: 11:13.22	1100m: 1400m:	1500m: 21:07.06
300m: 600m:	900m: 1200m:		
FF Ceulemans Hanne	FFAZK/21038/08 19:00.00		

Programmanr. 4
29/10/2023 - 14:43

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 jaar			
1. Engelen Floor	DBT/21146/12 12:15.00	11:21.15	360
100m: 1:20.62	300m: 500m: 700m:		
200m: 2:46.72	400m: 5:39.65	600m: 800m: 11:21.15	
2. Put Fien	DBT/21178/12 12:12.26	11:27.67	350
100m: 1:20.49	300m: 500m: 700m:		
200m: 2:48.13	400m: 5:42.28	600m: 800m: 11:27.67	

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Programmanr. 4, Meisjes, 800m vrije slag, 11 jaar

Rang					Inscr.	Tijd	Pnt
3.	Melis Vlinder				KST/21076/12	11:09.99	11:43.45 327
	100m:	1:21.50	300m:	500m:	700m:		
	200m:	2:49.56	400m:	5:50.30	600m:	800m: 11:43.45	
4.	Maes Leonie				PZC/21106/12	12:49.25	11:59.99 305
	100m:	1:27.89	300m:	500m:	700m:		
	200m:	3:00.59	400m:	6:04.18	600m:	800m: 11:59.99	
5.	Ooms Bregje				HOZT/21059/12	14:34.52	13:22.65 220
	100m:	1:36.33	300m:	500m:	700m:		
	200m:	3:19.66	400m:	6:40.12	600m:	800m: 13:22.65	

12 jaar

1.	Vandevenne Liah				DBT/21135/11	10:25.00	10:21.28 475
	100m:	1:11.66	300m:	500m:	700m:		
	200m:	2:30.81	400m:	5:08.94	600m:	800m: 10:21.28	
2.	Brouwers Charlotte				DBT/21145/11	10:29.98	10:41.25 432
	100m:	1:15.78	300m:	500m:	700m:		
	200m:	2:37.50	400m:	5:21.37	600m:	800m: 10:41.25	
3.	Nijziel Frédérique				ZGEEL/21129/11	11:34.29	10:41.81 430
	100m:	1:16.00	300m:	500m:	700m:		
	200m:	2:39.00	400m:	5:23.09	600m:	800m: 10:41.81	
4.	Lauwers Sofie				KST/21054/11	10:30.99	10:43.91 426
	100m:	1:15.91	300m:	500m:	700m:		
	200m:	2:38.38	400m:	5:22.51	600m:	800m: 10:43.91	
5.	Mertens Femke				SHARK/21175/11	10:00.55	10:54.30 406
	100m:	1:15.55	300m:	500m:	700m:		
	200m:	2:38.62	400m:	5:25.15	600m:	800m: 10:54.30	
6.	Van Litsenborg Aurélie				DBT/21149/11	11:36.59	10:59.70 396
	100m:	1:15.31	300m:	500m:	700m:		
	200m:	2:39.38	400m:	5:28.56	600m:	800m: 10:59.70	
7.	Thewissen Mirthe				HZS/21212/11	11:35.83	11:19.54 363
	100m:	1:19.17	300m:	500m:	700m:		
	200m:	2:45.97	400m:	5:39.17	600m:	800m: 11:19.54	
8.	Jorissen Ameya				HZA/21120/11	11:38.17	11:19.60 362
	100m:	1:20.13	300m:	500m:	700m:		
	200m:	2:45.81	400m:	5:38.35	600m:	800m: 11:19.60	
9.	Koren Zara				GZVN/21294/11	11:38.20	11:25.93 353
	100m:	1:22.52	300m:	500m:	700m:		
	200m:	2:49.03	400m:	5:43.27	600m:	800m: 11:25.93	
10.	Van Bockstal Yoanna				HOZT/21073/11	13:44.62	11:45.51 324
	100m:	1:21.39	300m:	500m:	700m:		
	200m:	2:49.89	400m:	5:50.01	600m:	800m: 11:45.51	
11.	Van Rillaer Yinthe				HZA/21084/11	13:43.63	11:47.22 322
	100m:	1:20.56	300m:	500m:	700m:		
	200m:	2:42.75	400m:	5:51.69	600m:	800m: 11:47.22	
12.	Verleysen Noa				HZS/21233/11	13:27.01	11:56.09 310
	100m:	1:29.04	300m:	500m:	700m:		
	200m:	3:01.07	400m:	6:04.56	600m:	800m: 11:56.09	
13.	Bollen Gitte				PZC/41102/11	11:42.80	11:57.72 308
	100m:	1:23.80	300m:	500m:	700m:		
	200m:	2:54.48	400m:	5:59.99	600m:	800m: 11:57.72	

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Programmanr. 4, Dames, 800m vrije slag

13 jaar

1.	Van De Cloot Elina			HOZT/21043/10	10:29.23	10:05.77	512
	100m:	1:07.77	300m:	500m:	700m:		
	200m:	2:24.33	400m:	4:58.13	600m:	800m:	10:05.77
2.	Temmerman Elynn			BRABO/21394/110	10:30.00	10:30.13	455
	100m:	1:12.87	300m:	500m:	700m:		
	200m:	2:33.55	400m:	5:13.37	600m:	800m:	10:30.13
3.	De Letter Sofie			HOZT/21061/10	11:20.81	10:37.06	440
	100m:	1:14.84	300m:	500m:	700m:		
	200m:	2:34.60	400m:	5:15.10	600m:	800m:	10:37.06
4.	Maes Helene			PZC/21074/10	11:12.18	10:59.62	396
	100m:	1:17.31	300m:	500m:	700m:		
	200m:	2:40.22	400m:	5:29.77	600m:	800m:	10:59.62
5.	Vanierschot Ella			HZS/21192/10	11:17.44	11:15.82	369
	100m:	1:18.75	300m:	500m:	700m:		
	200m:	2:43.12	400m:	5:37.95	600m:	800m:	11:15.82
6.	Cypers de Landrecy Tillie			PZC/21084/10	12:09.36	11:59.38	306
	100m:	1:25.25	300m:	500m:	700m:		
	200m:	2:55.85	400m:	5:59.03	600m:	800m:	11:59.38
7.	Van Mechelen Zoë			KST/21077/10	12:44.97	13:14.91	226
	100m:	1:31.84	300m:	500m:	700m:		
	200m:	3:15.69	400m:	6:43.98	600m:	800m:	13:14.91
8.	Valkenborghs Yanne			ZGEEL/21151/1(10)	10:27.31	13:26.94	216
	100m:	1:31.06	300m:	500m:	700m:		
	200m:	3:12.73	400m:	6:39.41	600m:	800m:	13:26.94
dis	Wouters Mit			dis:ZGEEL/21163/1(10)	10:27.35		
	<i>SW 4.4 - valse start</i>						

14 jaar

1.	Jacobs Filippa			GZVN/21278/09	10:54.76	10:22.13	473
	100m:	1:09.32	300m:	500m:	700m:		
	200m:	2:26.47	400m:	5:03.96	600m:	800m:	10:22.13
2.	Verschuere Louise			HOZT/21032/09	10:40.20	10:27.14	461
	100m:	1:13.01	300m:	500m:	700m:		
	200m:	2:32.82	400m:	5:12.52	600m:	800m:	10:27.14
3.	Van Espen Lotte			HZA/21074/09	11:34.65	10:49.75	415
	100m:	1:14.97	300m:	500m:	700m:		
	200m:	2:35.87	400m:	5:22.22	600m:	800m:	10:49.75
4.	Wijckmans Lene			HZA/21054/09	11:34.65	10:55.38	404
	100m:	1:14.67	300m:	500m:	700m:		
	200m:	2:36.27	400m:	5:22.34	600m:	800m:	10:55.38

15 jaar

1.	Nijziel Nova			ZGEEL/21085/08	9:35.35	9:39.16	586
	100m:	1:09.13	300m:	500m:	700m:		
	200m:	2:22.53	400m:	4:49.22	600m:	800m:	9:39.16
2.	Dillen Norah			ZGEEL/21099/0(10)	10:27.24	10:04.41	516
	100m:	1:11.12	300m:	500m:	700m:		
	200m:	2:27.62	400m:	5:02.16	600m:	800m:	10:04.41
3.	Meers Lien			HZS/21154/08	11:18.38	10:45.74	423
	100m:	1:16.63	300m:	500m:	700m:		
	200m:	2:38.87	400m:	5:23.25	600m:	800m:	10:45.74

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Programmanr. 4, Meisjes, 800m vrije slag, 15 jaar

Rang					Inschr.	Tijd	Pnt
4.	Jansen Roos				PZC/21042/08	10:39.03	10:59.38 397
	100m: 1:14.85	300m:	500m:	700m:			
	200m: 2:36.47	400m: 5:23.91	600m:	800m: 10:59.38			
5.	Luyten Hanne				AZK/21042/08	10:30.00	10:59.55 397
	100m: 1:14.83	300m:	500m:	700m:			
	200m: 2:39.15	400m: 5:28.00	600m:	800m: 10:59.55			
6.	Michielsen Jinthe				AZK/21048/08	10:54.13	10:59.86 396
	100m: 1:15.21	300m:	500m:	700m:			
	200m: 2:38.81	400m: 5:27.31	600m:	800m: 10:59.86			

16 jaar

1.	Broeckert Noor				BRABO/21338/079:32.86		9:37.47 591
	100m: 1:08.79	300m:	500m:	700m:			
	200m: 2:22.19	400m: 4:48.33	600m:	800m: 9:37.47			
2.	Cornelissen Anais				BRABO/21165/C10:45.19		9:38.41 588
	100m: 1:04.91	300m:	500m:	700m:			
	200m: 2:16.51	400m: 4:44.09	600m:	800m: 9:38.41			
3.	Dries Sien				ZGEEL/21072/010:02.33		10:12.88 494
	100m: 1:12.28	300m:	500m:	700m:			
	200m: 2:29.88	400m: 5:05.53	600m:	800m: 10:12.88			
4.	Pals Amber				PZC/21124/07	10:38.60	10:40.73 433
	100m: 1:13.58	300m:	500m:	700m:			
	200m: 2:34.44	400m: 5:18.59	600m:	800m: 10:40.73			

17 - 18 jaar

1.	Broux Elise				GZVN/21015/05	9:39.56	10:10.10 501
	100m: 1:09.26	300m:	500m:	700m:			
	200m: 2:25.27	400m: 5:00.67	600m:	800m: 10:10.10			
2.	Van Looy Anke				HZA/21029/06	10:23.97	10:19.04 480
	100m: 1:12.98	300m:	500m:	700m:			
	200m: 2:31.65	400m: 5:10.25	600m:	800m: 10:19.04			
3.	Joppe Shanna				ZOLA/21146/06	10:35.53	10:37.37 440
	100m: 1:12.31	300m:	500m:	700m:			
	200m: 2:31.07	400m: 5:12.82	600m:	800m: 10:37.37			
4.	Van Loon Tess				AZK/21074/06	10:26.22	10:39.37 435
	100m: 1:13.98	300m:	500m:	700m:			
	200m: 2:33.54	400m: 5:15.17	600m:	800m: 10:39.37			

19 jaar en ouder

1.	Maerevoet Marie				BRABO/21435/049:32.35		9:35.96 596
	100m: 1:09.12	300m:	500m:	700m:			
	200m: 2:22.08	400m: 4:48.41	600m:	800m: 9:35.96			
2.	Kennis Nathalie				AZV/21035/02	10:15.45	10:18.34 481
	100m: 1:08.13	300m:	500m:	700m:			
	200m: 2:24.53	400m: 5:01.53	600m:	800m: 10:18.34			