

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

1 - Lange Afstanden voormiddag

16/04/2023 - 9:30

Programmanr. 1
16/04/2023 - 9:30

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt		
11 - 12 jaar					
1. Brouwers Charlotte	DBT/21145/11 11:00.00	10:29.98	440		
50m: 35.13	200m: 2:33.50	350m: 4:34.23	500m: 6:35.01	650m: 8:34.32	800m: 10:29.98
100m: 1:13.84	250m: 3:13.40	400m: 5:14.49	550m: 7:15.09	700m: 9:14.53	
150m: 1:53.70	300m: 3:54.63	450m: 5:54.62	600m: 7:55.08	750m: 9:54.66	
2. Thewissen Mirthe	HZS/21212/11 12:00.00	11:35.83	326		
50m: 38.78	200m: 2:50.46	350m: 5:04.38	500m: 7:16.87	650m: 9:29.51	800m: 11:35.83
100m: 1:21.44	250m: 3:34.61	400m: 5:48.45	550m: 8:00.33	700m: 10:12.39	
150m: 2:05.63	300m: 4:19.40	450m: 6:33.01	600m: 8:44.89	750m: 10:56.00	
3. Van Litsenborg Aurélie	DBT/21149/11 11:55.00	11:36.59	325		
50m: 38.05	200m: 2:48.62	350m: 5:01.46	500m: 7:15.71	650m: 9:29.06	800m: 11:36.59
100m: 1:20.33	250m: 3:33.64	400m: 5:46.55	550m: 7:59.82	700m: 10:12.93	
150m: 2:04.04	300m: 4:17.65	450m: 6:30.52	600m: 8:45.46	750m: 10:56.86	
4. Jorissen Ameya	ZCT/21142/11 13:40.66	11:38.17	323		
50m: 39.33	200m: 2:51.18	350m: 5:04.45	500m: 7:17.93	650m: 9:30.47	800m: 11:38.17
100m: 1:22.52	250m: 3:35.96	400m: 5:48.54	550m: 8:01.88	700m: 10:14.11	
150m: 2:06.50	300m: 4:19.54	450m: 6:33.68	600m: 8:46.63	750m: 10:57.41	
5. Decaluwé Helena	ZCT/21130/11 12:15.00	11:43.38	316		
50m: 39.10	200m: 2:51.53	350m: 5:06.11	500m: 7:21.22	650m: 9:35.34	800m: 11:43.38
100m: 1:22.15	250m: 3:36.51	400m: 5:51.14	550m: 8:05.67	700m: 10:19.69	
150m: 2:06.61	300m: 4:21.38	450m: 6:36.26	600m: 8:50.77	750m: 11:03.60	
6. Copermans Sam	HZS/21247/11 14:09.90	11:53.15	303		
50m: 40.22	200m: 2:54.71	350m: 5:11.68	500m: 7:29.05	650m: 9:44.18	800m: 11:53.15
100m: 1:23.76	250m: 3:39.95	400m: 5:57.91	550m: 8:14.79	700m: 10:28.26	
150m: 2:08.43	300m: 4:26.19	450m: 6:43.67	600m: 9:00.29	750m: 11:10.46	
7. Sargesjan Nala	HZS/21232/11 13:34.06	11:57.30	298		
50m: 40.61	200m: 2:57.17	350m: 5:14.35	500m: 7:31.97	650m: 9:47.19	800m: 11:57.30
100m: 1:25.56	250m: 3:43.46	400m: 6:00.47	550m: 8:17.11	700m: 10:32.75	
150m: 2:10.90	300m: 4:28.78	450m: 6:46.03	600m: 9:01.94	750m: 11:17.94	
8. Put Fien	DBT/21178/12 12:30.00	12:12.26	280		
50m: 39.72	200m: 2:58.40	350m: 5:18.45	500m: 7:40.60	650m: 10:00.23	800m: 12:12.26
100m: 1:24.46	250m: 3:43.65	400m: 6:05.93	550m: 8:25.94	700m: 10:47.07	
150m: 2:11.46	300m: 4:31.06	450m: 6:53.15	600m: 9:13.06	750m: 11:32.17	
9. Vandeweyers Daphne	ZCT/21135/11 13:16.81	12:32.21	258		
50m: 42.20	200m: 3:03.34	350m: 5:26.25	500m: 7:49.56	650m: 10:13.37	800m: 12:32.21
100m: 1:28.93	250m: 3:51.05	400m: 6:13.15	550m: 8:38.03	700m: 11:00.58	
150m: 2:16.18	300m: 4:38.68	450m: 7:01.37	600m: 9:26.25	750m: 11:47.32	
10. Maes Leonie	PZC/21106/12 15:09.90	12:49.25	241		
50m: 42.80	200m: 3:08.34	350m: 5:36.06	500m: 8:04.73	650m: 10:32.76	800m: 12:49.25
100m: 1:29.94	250m: 3:57.64	400m: 6:26.47	550m: 8:53.25	700m: 11:20.81	
150m: 2:18.76	300m: 4:46.61	450m: 7:15.61	600m: 9:42.44	750m: 12:08.98	
11. De Vocht Linne	ZCT/21144/12 12:45.00	12:57.46	234		
50m: 42.49	200m: 3:08.96	350m: 5:40.12	500m: 8:09.90	650m: 10:39.16	800m: 12:57.46
100m: 1:30.96	250m: 3:59.38	400m: 6:30.74	550m: 9:00.37	700m: 11:27.78	
150m: 2:20.33	300m: 4:50.31	450m: 7:20.77	600m: 9:49.55	750m: 12:14.13	
12. De Weerdt Renée	ZCT/21141/12 12:45.00	13:05.82	226		
50m: 44.94	200m: 3:14.22	350m: 5:46.41	500m: 8:17.28	650m: 10:46.83	800m: 13:05.82
100m: 1:33.35	250m: 4:05.06	400m: 6:36.33	550m: 9:07.55	700m: 11:35.24	
150m: 2:22.98	300m: 4:55.02	450m: 7:26.25	600m: 9:57.99	750m: 12:22.96	

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang						Inscr.	Tijd	Pnt				
13.	Uytterhoeven Fiebe					ZCT/21143/12 13:00.00	13:11.45	222				
	50m:	43.69	200m:	3:13.94	350m:	5:47.24	500m:	8:21.21	650m:	10:52.95	800m:	13:11.45
	100m:	1:31.77	250m:	4:05.15	400m:	6:39.41	550m:	9:12.99	700m:	11:41.86		
	150m:	2:22.67	300m:	4:55.98	450m:	7:29.74	600m:	10:03.72	750m:	12:29.53		
14.	Poel Maren					DBT/21173/11 12:45.00	13:13.80	220				
	50m:	42.03	200m:	3:10.53	350m:	5:42.73	500m:	8:16.09	650m:	10:51.24	800m:	13:13.80
	100m:	1:29.89	250m:	4:01.00	400m:	6:33.64	550m:	9:08.13	700m:	11:42.28		
	150m:	2:19.81	300m:	4:52.02	450m:	7:25.25	600m:	9:59.94	750m:	12:31.50		

13 - 14 jaar

1.	Lambrechts Noa					DBT/21136/09 9:55.00	9:45.57	548				
	50m:	33.14	200m:	2:21.81	350m:	4:13.35	500m:	6:06.01	650m:	7:58.03	800m:	9:45.57
	100m:	1:09.01	250m:	2:59.10	400m:	4:51.18	550m:	6:43.42	700m:	8:35.55		
	150m:	1:45.12	300m:	3:36.65	450m:	5:28.59	600m:	7:20.54	750m:	9:12.46		
2.	Vertessen Fran					DBT/21114/09 10:05.00	9:49.48	537				
	50m:	32.28	200m:	2:23.34	350m:	4:15.90	500m:	6:08.55	650m:	8:01.25	800m:	9:49.48
	100m:	1:08.30	250m:	3:00.98	400m:	4:53.35	550m:	6:46.51	700m:	8:39.12		
	150m:	1:45.65	300m:	3:38.50	450m:	5:31.03	600m:	7:24.34	750m:	9:15.97		
3.	Veldhuis Victoria					ZCT/21096/09 10:45.00	10:05.25	496				
	50m:	34.58	200m:	2:28.24	350m:	4:23.88	500m:	6:18.73	650m:	8:13.94	800m:	10:05.25
	100m:	1:12.45	250m:	3:06.37	400m:	5:02.03	550m:	6:57.17	700m:	8:52.37		
	150m:	1:50.47	300m:	3:45.13	450m:	5:40.54	600m:	7:35.52	750m:	9:30.02		
4.	Deconynck Sterre					TRUST/21166/10 10:46.20	10:05.37	496				
	50m:	33.94	200m:	2:26.14	350m:	4:20.70	500m:	6:15.74	650m:	8:11.50	800m:	10:05.37
	100m:	1:10.55	250m:	3:04.82	400m:	4:58.87	550m:	6:54.04	700m:	8:49.86		
	150m:	1:48.45	300m:	3:42.62	450m:	5:37.10	600m:	7:32.65	750m:	9:28.45		
5.	Delporte Lotte					STW/21156/09 10:40.21	10:16.57	469				
	50m:	34.50	200m:	2:29.93	350m:	4:26.82	500m:	6:24.69	650m:	8:22.81	800m:	10:16.57
	100m:	1:12.11	250m:	3:08.03	400m:	5:05.85	550m:	7:04.49	700m:	9:02.58		
	150m:	1:50.98	300m:	3:47.34	450m:	5:45.36	600m:	7:43.89	750m:	9:41.75		
6.	Bohmer Janne					ZCT/21108/10 10:48.49	10:18.35	465				
	50m:	35.67	200m:	2:32.76	350m:	4:30.59	500m:	6:28.79	650m:	8:25.61	800m:	10:18.35
	100m:	1:14.46	250m:	3:11.93	400m:	5:10.16	550m:	7:08.38	700m:	9:04.11		
	150m:	1:53.56	300m:	3:51.03	450m:	5:49.39	600m:	7:46.88	750m:	9:42.44		
7.	Frederix Maya					DBT/21083/09 10:15.00	10:21.44	458				
	50m:	33.43	200m:	2:28.76	350m:	4:27.71	500m:	6:27.61	650m:	8:26.91	800m:	10:21.44
	100m:	1:11.43	250m:	3:08.42	400m:	5:07.38	550m:	7:07.11	700m:	9:06.81		
	150m:	1:50.15	300m:	3:47.87	450m:	5:47.81	600m:	7:47.12	750m:	9:45.85		
8.	Meyer Thyrv					BEST/21114/09 10:20.00	10:22.30	457				
	50m:	34.38	200m:	2:29.98	350m:	4:30.10	500m:	6:30.43	650m:	8:29.58	800m:	10:22.30
	100m:	1:11.70	250m:	3:10.57	400m:	5:10.18	550m:	7:10.86	700m:	9:09.75		
	150m:	1:51.32	300m:	3:50.11	450m:	5:50.42	600m:	7:51.39	750m:	9:47.56		
9.	De Ridder Niobe					BRABO/21257/10 10:31.56	10:24.66	451				
	50m:	34.48	200m:	2:29.66	350m:	4:27.42	500m:	6:26.18	650m:	8:26.27	800m:	10:24.66
	100m:	1:12.29	250m:	3:08.77	400m:	5:06.70	550m:	7:05.58	700m:	9:06.49		
	150m:	1:50.92	300m:	3:47.73	450m:	5:46.33	600m:	7:45.56	750m:	9:46.46		
10.	Gypen Kaat					ZCT/21100/09 11:02.65	10:32.05	436				
	50m:	36.27	200m:	2:37.30	350m:	4:36.19	500m:	6:36.25	650m:	8:36.34	800m:	10:32.05
	100m:	1:16.07	250m:	3:16.74	400m:	5:16.14	550m:	7:16.06	700m:	9:16.38		
	150m:	1:57.12	300m:	3:55.98	450m:	5:56.21	600m:	7:56.14	750m:	9:55.64		
11.	Tordeur Lucie					GZVN/21194/09 10:33.32	10:33.05	434				
	50m:	33.96	200m:	2:29.56	350m:	4:27.35	500m:	6:28.51	650m:	8:30.34	800m:	10:33.05
	100m:	1:11.82	250m:	3:08.35	400m:	5:06.46	550m:	7:08.52	700m:	9:11.36		
	150m:	1:50.42	300m:	3:47.91	450m:	5:46.17	600m:	7:49.32	750m:	9:52.14		

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang						Inschr.	Tijd	Pnt				
12.	But Anastacia					HZS/21173/09 11:21.22	10:33.48	433				
	50m:	34.57	200m:	2:33.43	350m:	4:34.50	500m:	6:35.70	650m:	8:36.94	800m:	10:33.48
	100m:	1:13.05	250m:	3:13.65	400m:	5:15.42	550m:	7:16.28	700m:	9:17.18		
	150m:	1:53.22	300m:	3:54.03	450m:	5:55.18	600m:	7:56.78	750m:	9:57.12		
13.	Klaykens Chloé					HZS/21211/10 11:22.30	10:34.39	431				
	50m:	35.50	200m:	2:36.74	350m:	4:37.58	500m:	6:38.37	650m:	8:39.66	800m:	10:34.39
	100m:	1:15.08	250m:	3:17.19	400m:	5:17.53	550m:	7:18.98	700m:	9:19.75		
	150m:	1:55.91	300m:	3:57.57	450m:	5:58.28	600m:	7:59.24	750m:	9:58.93		
14.	Uytterhoeven Flo					ZCT/21107/10 11:32.65	10:43.42	413				
	50m:	35.66	200m:	2:37.83	350m:	4:40.93	500m:	6:43.05	650m:	8:45.51	800m:	10:43.42
	100m:	1:15.92	250m:	3:19.14	400m:	5:22.12	550m:	7:23.82	700m:	9:25.88		
	150m:	1:57.15	300m:	3:59.40	450m:	6:02.65	600m:	8:05.40	750m:	10:05.21		
15.	Maes Helene					PZC/21074/10 11:12.18	10:46.64	407				
	50m:	35.44	200m:	2:36.85	350m:	4:42.38	500m:	6:47.82	650m:	8:51.97	800m:	10:46.64
	100m:	1:14.98	250m:	3:18.53	400m:	5:24.31	550m:	7:30.19	700m:	9:32.39		
	150m:	1:55.55	300m:	4:00.56	450m:	6:05.99	600m:	8:10.95	750m:	10:11.83		
16.	Vanierschot Ella					HZS/21192/10 11:17.44	10:48.35	404				
	50m:	35.56	200m:	2:38.84	350m:	4:45.13	500m:	6:50.10	650m:	8:54.00	800m:	10:48.35
	100m:	1:16.01	250m:	3:20.65	400m:	5:26.85	550m:	7:31.49	700m:	9:34.14		
	150m:	1:57.54	300m:	4:02.79	450m:	6:08.70	600m:	8:13.26	750m:	10:14.40		
17.	Verelst Laura					ZCT/21114/10 11:31.91	10:55.57	390				
	50m:	36.30	200m:	2:37.62	350m:	4:41.66	500m:	6:46.61	650m:	8:52.81	800m:	10:55.57
	100m:	1:16.21	250m:	3:18.78	400m:	5:23.15	550m:	7:28.46	700m:	9:35.01		
	150m:	1:57.07	300m:	3:59.96	450m:	6:04.66	600m:	8:10.91	750m:	10:16.16		
18.	Renette Lena					DBT/21142/09 11:15.00	11:02.32	379				
	50m:	35.22	200m:	2:40.07	350m:	4:49.04	500m:	6:58.06	650m:	9:05.00	800m:	11:02.32
	100m:	1:15.40	250m:	3:23.75	400m:	5:32.09	550m:	7:40.46	700m:	9:46.87		
	150m:	1:58.02	300m:	4:06.50	450m:	6:14.84	600m:	8:22.77	750m:	10:27.93		
19.	Delcommune Lonneke					KAZS/21081/09 11:10.00	11:03.85	376				
	50m:	36.97	200m:	2:42.34	350m:	4:50.43	500m:	6:57.37	650m:	9:03.48	800m:	11:03.85
	100m:	1:18.17	250m:	3:25.10	400m:	5:32.77	550m:	7:39.91	700m:	9:45.58		
	150m:	2:00.00	300m:	4:07.70	450m:	6:15.16	600m:	8:22.42	750m:	10:27.04		
20.	Thijs Maaike					ZCT/21132/10 12:55.05	11:06.46	372				
	50m:	38.05	200m:	2:45.15	350m:	4:53.32	500m:	7:00.56	650m:	9:07.78	800m:	11:06.46
	100m:	1:20.27	250m:	3:28.12	400m:	5:36.82	550m:	7:44.14	700m:	9:49.97		
	150m:	2:03.14	300m:	4:10.24	450m:	6:17.21	600m:	8:25.99	750m:	10:30.42		
21.	Driouiche Hiba					STZ/21144/09 11:30.00	11:09.87	366				
	50m:	36.20	200m:	2:38.88	350m:	4:45.27	500m:	6:54.33	650m:	9:04.01	800m:	11:09.87
	100m:	1:16.46	250m:	3:21.00	400m:	5:28.30	550m:	7:37.20	700m:	9:48.17		
	150m:	1:58.22	300m:	4:03.35	450m:	6:11.15	600m:	8:20.42	750m:	10:29.88		
22.	Luts Emilia					DBT/21144/10 11:27.63	11:15.50	357				
	50m:	35.50	200m:	2:40.31	350m:	4:50.56	500m:	7:00.38	650m:	9:11.04	800m:	11:15.50
	100m:	1:16.52	250m:	3:23.81	400m:	5:34.78	550m:	7:44.50	700m:	9:53.86		
	150m:	1:58.67	300m:	4:07.04	450m:	6:17.55	600m:	8:27.94	750m:	10:35.90		
23.	Wouters Stien					ZCT/21106/10 11:46.87	11:21.36	348				
	50m:	39.01	200m:	2:47.24	350m:	4:56.71	500m:	7:06.40	650m:	9:16.21	800m:	11:21.36
	100m:	1:21.12	250m:	3:30.39	400m:	5:39.98	550m:	7:49.74	700m:	9:59.72		
	150m:	2:04.11	300m:	4:13.52	450m:	6:22.90	600m:	8:33.03	750m:	10:41.75		
24.	Cypers de Landrecy Tillie					PZC/21084/10 12:09.36	11:27.43	339				
	50m:	37.55	200m:	2:47.50	350m:	4:59.25	500m:	7:11.93	650m:	9:23.83	800m:	11:27.43
	100m:	1:20.15	250m:	3:31.41	400m:	5:43.37	550m:	7:56.42	700m:	10:06.60		
	150m:	2:03.48	300m:	4:15.55	450m:	6:27.53	600m:	8:40.32	750m:	10:48.62		
25.	Ghislain Juliette					STZ/21120/09 12:19.53	11:27.88	338				
	50m:	38.30	200m:	2:50.19	350m:	5:04.39	500m:	7:15.99	650m:	9:25.69	800m:	11:27.88
	100m:	1:21.17	250m:	3:34.79	400m:	5:49.07	550m:	7:59.47	700m:	10:08.13		
	150m:	2:05.08	300m:	4:19.48	450m:	6:32.11	600m:	8:43.08	750m:	10:49.43		

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
26. Moors Yana	DBT/21139/09 11:30.00	11:34.30	329
50m: 38.37	200m: 2:48.33	350m: 5:01.38	500m: 7:13.61
100m: 1:20.15	250m: 3:33.31	400m: 5:44.93	550m: 7:58.32
150m: 2:03.94	300m: 4:17.13	450m: 6:29.97	600m: 8:41.99
650m: 9:26.04	700m: 10:10.26	750m: 10:53.39	800m: 11:34.30
27. Sen Yasmine	BRABO/21349/12:08.95	11:49.14	308
50m: 37.87	200m: 2:48.16	350m: 5:03.27	500m: 7:19.35
100m: 1:19.87	250m: 3:32.79	400m: 5:48.32	550m: 8:04.70
150m: 2:04.03	300m: 4:17.44	450m: 6:33.85	600m: 8:50.69
650m: 9:36.28	700m: 10:21.86	750m: 11:06.69	800m: 11:49.14
28. Wyns Kaat	STZ/21117/09 13:20.71	12:09.18	284
50m: 40.80	200m: 2:59.77	350m: 5:17.67	500m: 7:35.73
100m: 1:26.87	250m: 3:46.20	400m: 6:02.66	550m: 8:22.55
150m: 2:13.74	300m: 4:32.31	450m: 6:49.23	600m: 9:08.96
650m: 9:55.50	700m: 10:42.21	750m: 11:27.13	800m: 12:09.18
29. Vlassaks Lena	PZC/21085/10 13:18.50	12:14.90	277
50m: 41.66	200m: 3:00.35	350m: 5:21.12	500m: 7:42.30
100m: 1:26.80	250m: 3:47.24	400m: 6:07.75	550m: 8:29.27
150m: 2:13.74	300m: 4:34.48	450m: 6:55.25	600m: 9:15.89
650m: 10:02.75	700m: 10:49.36	750m: 11:33.62	800m: 12:14.90
30. Tuezney Kato	BEST/21127/09 13:00.00	12:39.90	250
50m: 41.62	200m: 3:04.99	350m: 5:29.81	500m: 7:55.86
100m: 1:27.98	250m: 3:53.04	400m: 6:18.74	550m: 8:44.16
150m: 2:16.34	300m: 4:41.66	450m: 7:07.11	600m: 9:33.06
650m: 10:21.37	700m: 11:09.46	750m: 11:56.30	800m: 12:39.90
31. Ben Taher Naëlla	STZ/21143/09 13:00.00	12:54.87	236
50m: 43.83	200m: 3:09.78	350m: 5:38.07	500m: 8:07.87
100m: 1:31.64	250m: 3:58.39	400m: 6:28.35	550m: 8:56.58
150m: 2:20.45	300m: 4:48.32	450m: 7:18.55	600m: 9:45.61
650m: 10:34.41	700m: 11:22.84	750m: 12:11.13	800m: 12:54.87
32. Luyten Elise	HZS/21246/10 13:40.00	13:35.31	203
50m: 44.21	200m: 3:15.97	350m: 5:52.44	500m: 8:30.39
100m: 1:33.43	250m: 4:07.34	400m: 6:44.70	550m: 9:22.45
150m: 2:23.95	300m: 5:00.18	450m: 7:37.34	600m: 10:15.25
650m: 11:06.92	700m: 11:58.75	750m: 12:49.53	800m: 13:35.31

15 - 16 jaar

1. Weytjens Amber	DMB/21071/08 9:42.10	9:29.96	594
50m: 32.49	200m: 2:18.85	350m: 4:06.43	500m: 5:55.47
100m: 1:07.65	250m: 2:54.69	400m: 4:42.54	550m: 6:32.05
150m: 1:43.20	300m: 3:30.65	450m: 5:18.85	600m: 7:08.24
650m: 7:44.37	700m: 8:20.40	750m: 8:56.41	800m: 9:29.96
2. Klaykens Amber	HZS/21155/07 9:58.32	9:41.24	560
50m: 31.91	200m: 2:19.28	350m: 4:09.97	500m: 6:01.44
100m: 1:06.85	250m: 2:55.89	400m: 4:47.14	550m: 6:38.41
150m: 1:42.75	300m: 3:32.91	450m: 5:24.23	600m: 7:15.44
650m: 7:52.38	700m: 8:29.28	750m: 9:05.95	800m: 9:41.24
3. Op de Beeck Elly	BRABO/21209/10:40.00	10:00.36	508
50m: 32.40	200m: 2:22.76	350m: 4:16.06	500m: 6:10.78
100m: 1:08.45	250m: 3:00.18	400m: 4:54.32	550m: 6:51.16
150m: 1:45.48	300m: 3:37.94	450m: 5:32.17	600m: 7:30.32
650m: 8:08.18	700m: 8:46.14	750m: 9:24.29	800m: 10:00.36
4. De Weerd Amélie	ZCT/21054/07 9:49.54	10:08.15	489
50m: 34.04	200m: 2:29.55	350m: 4:26.84	500m: 6:22.04
100m: 1:12.48	250m: 3:08.83	400m: 5:05.76	550m: 6:59.72
150m: 1:50.93	300m: 3:47.81	450m: 5:43.93	600m: 7:38.39
650m: 8:17.52	700m: 8:55.61	750m: 9:32.97	800m: 10:08.15
5. Put Amélie	KAZS/21128/0710:23.91	10:11.92	480
50m: 33.59	200m: 2:28.96	350m: 4:24.55	500m: 6:21.01
100m: 1:11.69	250m: 3:07.55	400m: 5:03.35	550m: 6:59.72
150m: 1:50.33	300m: 3:46.21	450m: 5:41.57	600m: 7:38.67
650m: 8:17.72	700m: 8:56.75	750m: 9:35.60	800m: 10:11.92
6. Amzour Lina	BRABO/21350/10:32.33	10:14.47	474
50m: 34.01	200m: 2:29.57	350m: 4:26.80	500m: 6:23.48
100m: 1:12.05	250m: 3:08.20	400m: 5:05.50	550m: 7:02.07
150m: 1:50.54	300m: 3:47.61	450m: 5:44.38	600m: 7:40.79
650m: 8:19.18	700m: 8:58.00	750m: 9:36.24	800m: 10:14.47

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 15 - 16 jaar

Rang									Inschr.	Tijd	Pnt	
7.	Thijs Hannah								PZC/21043/08 10:32.68	10:17.59	467	
	50m:	35.53	200m:	2:31.01	350m:	4:28.50	500m:	6:25.37	650m:	8:22.88	800m:	10:17.59
	100m:	1:13.59	250m:	3:09.96	400m:	5:07.47	550m:	7:04.65	700m:	9:01.70		
	150m:	1:52.03	300m:	3:49.02	450m:	5:46.61	600m:	7:43.99	750m:	9:41.02		
8.	Meers Lien								HZS/21154/08 11:01.31	10:25.31	450	
	50m:	35.88	200m:	2:34.06	350m:	4:32.74	500m:	6:32.72	650m:	8:30.00	800m:	10:25.31
	100m:	1:14.76	250m:	3:13.38	400m:	5:12.71	550m:	7:12.03	700m:	9:08.83		
	150m:	1:54.67	300m:	3:53.03	450m:	5:52.90	600m:	7:51.41	750m:	9:47.62		
9.	Jansen Roos								PZC/21042/08 10:39.03	10:25.52	449	
	50m:	36.19	200m:	2:34.02	350m:	4:34.19	500m:	6:32.89	650m:	8:31.50	800m:	10:25.52
	100m:	1:15.07	250m:	3:14.05	400m:	5:13.63	550m:	7:12.41	700m:	9:11.13		
	150m:	1:54.33	300m:	3:54.31	450m:	5:53.41	600m:	7:52.16	750m:	9:49.37		
10.	Gerets Sieglinde								HZS/21159/08 11:29.31	10:43.64	413	
	50m:	37.83	200m:	2:39.65	350m:	4:42.96	500m:	6:45.34	650m:	8:46.04	800m:	10:43.64
	100m:	1:18.07	250m:	3:20.49	400m:	5:24.09	550m:	7:25.67	700m:	9:26.24		
	150m:	1:59.00	300m:	4:01.86	450m:	6:04.59	600m:	8:05.81	750m:	10:06.69		
11.	Castillo Ronquillo Brithany Aracely								PZC/21088/08 11:42.15	11:05.12	374	
	50m:	37.78	200m:	2:41.79	350m:	4:49.84	500m:	6:58.76	650m:	9:05.05	800m:	11:05.12
	100m:	1:18.91	250m:	3:24.34	400m:	5:32.75	550m:	7:41.81	700m:	9:46.86		
	150m:	2:00.15	300m:	4:06.77	450m:	6:15.84	600m:	8:23.35	750m:	10:27.90		
12.	Ghislain Emilie								STZ/21119/07 11:30.00	11:14.24	359	
	50m:	37.59	200m:	2:44.94	350m:	4:53.51	500m:	6:59.59	650m:	9:06.27	800m:	11:14.24
	100m:	1:19.12	250m:	3:27.05	400m:	5:36.46	550m:	7:42.22	700m:	9:48.90		
	150m:	2:01.43	300m:	4:10.85	450m:	6:18.80	600m:	8:25.31	750m:	10:32.74		
13.	Vanierschot Lina								HZS/21157/08 12:00.00	11:31.77	332	
	50m:	37.79	200m:	2:47.37	350m:	5:00.03	500m:	7:14.29	650m:	9:26.71	800m:	11:31.77
	100m:	1:19.93	250m:	3:31.74	400m:	5:44.62	550m:	7:58.24	700m:	10:10.22		
	150m:	2:03.65	300m:	4:16.27	450m:	6:29.79	600m:	8:42.21	750m:	10:53.29		
14.	Luyten Lore								HZS/21244/08 13:30.00	13:18.77	216	
	50m:	44.50	200m:	3:14.69	350m:	5:48.49	500m:	8:20.70	650m:	10:54.21	800m:	13:18.77
	100m:	1:33.41	250m:	4:05.87	400m:	6:39.03	550m:	9:12.21	700m:	11:45.35		
	150m:	2:24.27	300m:	4:57.51	450m:	7:30.24	600m:	10:02.86	750m:	12:34.11		

17 - 18 jaar

1.	Goovaerts Ellen								STW/21165/05 9:25.37	9:21.85	620	
	50m:	31.68	200m:	2:17.02	350m:	4:03.84	500m:	5:50.76	650m:	7:37.51	800m:	9:21.85
	100m:	1:06.03	250m:	2:52.58	400m:	4:39.54	550m:	6:26.34	700m:	8:13.23		
	150m:	1:41.41	300m:	3:28.12	450m:	5:14.97	600m:	7:02.06	750m:	8:48.45		
2.	Broux Elise								GZVN/21015/05 9:39.56	9:39.58	565	
	50m:	31.50	200m:	2:18.46	350m:	4:08.47	500m:	5:59.02	650m:	7:50.26	800m:	9:39.58
	100m:	1:06.19	250m:	2:55.09	400m:	4:45.48	550m:	6:36.17	700m:	8:27.52		
	150m:	1:42.09	300m:	3:31.76	450m:	5:22.16	600m:	7:13.19	750m:	9:04.54		
3.	Verhulst Lotte								STW/21123/06 10:11.28	9:48.59	540	
	50m:	33.61	200m:	2:24.03	350m:	4:14.79	500m:	6:06.17	650m:	7:59.47	800m:	9:48.59
	100m:	1:09.75	250m:	3:00.97	400m:	4:51.65	550m:	6:43.84	700m:	8:36.59		
	150m:	1:46.72	300m:	3:37.79	450m:	5:29.04	600m:	7:21.41	750m:	9:13.59		

19 jaar en ouder

1.	Van Den Wyngaert Annabel								BRABO/21187/09:42.87	10:01.40	506	
	50m:	31.40	200m:	2:18.69	350m:	4:14.02	500m:	6:10.63	650m:	8:10.37	800m:	10:01.40
	100m:	1:06.34	250m:	2:57.47	400m:	4:53.55	550m:	6:52.14	700m:	8:48.41		
	150m:	1:42.36	300m:	3:36.32	450m:	5:32.86	600m:	7:31.88	750m:	9:26.01		

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

2 - Lange Afstanden namiddag

16/04/2023 - 14:00

Programmanr. 2
16/04/2023 - 14:00

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt		
11 - 12 jaar					
1. Janssen Thibe	DBT/11167/11 23:30.00	25:20.18	172		
50m: 39.58	300m: 4:38.21	550m: 8:50.87	800m: 13:16.42	1050m: 17:43.57	1300m: 22:05.39
100m: 1:25.21	350m: 5:28.65	600m: 9:43.57	850m: 14:08.86	1100m: 18:36.69	1350m: 22:54.69
150m: 2:12.03	400m: 6:18.69	650m: 10:35.72	900m: 15:02.13	1150m: 19:30.19	1400m: 23:44.29
200m: 3:00.32	450m: 7:10.48	700m: 11:28.81	950m: 15:55.91	1200m: 20:22.73	1450m: 24:34.30
250m: 3:49.94	500m: 8:00.89	750m: 12:23.11	1000m: 16:50.05	1250m: 21:14.95	1500m: 25:20.18
13 - 14 jaar					
1. Nollet Seppe	BRABO/11248/19:15.64	18:27.61	446		
50m: 33.09	300m: 3:37.46	550m: 6:43.59	800m: 9:49.05	1050m: 12:55.41	1300m: 16:01.81
100m: 1:09.27	350m: 4:15.07	600m: 7:20.90	850m: 10:26.24	1100m: 13:32.40	1350m: 16:39.66
150m: 1:45.92	400m: 4:52.14	650m: 7:57.63	900m: 11:03.59	1150m: 14:09.26	1400m: 17:16.51
200m: 2:22.65	450m: 5:29.29	700m: 8:34.85	950m: 11:40.69	1200m: 14:46.77	1450m: 17:52.89
250m: 3:00.08	500m: 6:06.32	750m: 9:12.00	1000m: 12:18.10	1250m: 15:23.81	1500m: 18:27.61
2. Theunissen Toon	DBT/11120/09 19:30.03	18:30.51	443		
50m: 32.70	300m: 3:36.46	550m: 6:41.83	800m: 9:48.16	1050m: 12:56.33	1300m: 16:03.99
100m: 1:09.54	350m: 4:13.38	600m: 7:18.87	850m: 10:25.95	1100m: 13:34.02	1350m: 16:41.27
150m: 1:46.89	400m: 4:50.23	650m: 7:55.92	900m: 11:03.45	1150m: 14:11.44	1400m: 17:19.09
200m: 2:22.67	450m: 5:27.26	700m: 8:33.65	950m: 11:41.15	1200m: 14:49.66	1450m: 17:56.72
250m: 2:59.41	500m: 6:04.42	750m: 9:10.61	1000m: 12:18.44	1250m: 15:26.87	1500m: 18:30.51
3. Decaluwé Georges	ZCT/11097/09 20:57.37	19:06.22	403		
50m: 33.55	300m: 3:47.21	550m: 7:00.43	800m: 10:13.95	1050m: 13:27.49	1300m: 16:38.26
100m: 1:12.08	350m: 4:25.46	600m: 7:39.11	850m: 10:52.48	1100m: 14:05.15	1350m: 17:16.48
150m: 1:50.72	400m: 5:04.08	650m: 8:17.73	900m: 11:30.97	1150m: 14:43.73	1400m: 17:54.27
200m: 2:29.90	450m: 5:43.09	700m: 8:56.68	950m: 12:09.67	1200m: 15:21.92	1450m: 18:31.31
250m: 3:08.89	500m: 6:22.62	750m: 9:35.79	1000m: 12:48.93	1250m: 15:59.46	1500m: 19:06.22
4. Vangrootloon Jef	STZC/11009/1C21:09.86	19:15.08	394		
50m: 33.38	300m: 3:46.87	550m: 7:01.05	800m: 10:15.68	1050m: 13:32.09	1300m: 16:46.12
100m: 1:11.45	350m: 4:25.93	600m: 7:40.26	850m: 10:55.11	1100m: 14:10.78	1350m: 17:24.97
150m: 1:49.82	400m: 5:03.65	650m: 8:19.03	900m: 11:34.11	1150m: 14:49.49	1400m: 18:02.86
200m: 2:28.88	450m: 5:43.34	700m: 8:57.67	950m: 12:13.40	1200m: 15:28.14	1450m: 18:39.72
250m: 3:07.97	500m: 6:23.15	750m: 9:37.01	1000m: 12:52.83	1250m: 16:07.24	1500m: 19:15.08
5. Geladi Bjorn	TRUST/11205/20:55.84	19:15.95	393		
50m: 33.93	300m: 3:46.21	550m: 7:01.82	800m: 10:18.32	1050m: 13:33.84	1300m: 16:48.31
100m: 1:11.72	350m: 4:24.91	600m: 7:40.63	850m: 10:57.89	1100m: 14:12.84	1350m: 17:25.94
150m: 1:50.04	400m: 5:04.11	650m: 8:20.22	900m: 11:37.21	1150m: 14:51.20	1400m: 18:04.33
200m: 2:28.51	450m: 5:43.55	700m: 8:59.44	950m: 12:16.19	1200m: 15:30.78	1450m: 18:41.62
250m: 3:07.25	500m: 6:22.58	750m: 9:39.21	1000m: 12:55.75	1250m: 16:09.82	1500m: 19:15.95
6. Vandepoel Quinten	STZC/11007/1C21:29.21	19:18.98	390		
50m: 33.55	300m: 3:47.69	550m: 7:01.62	800m: 10:16.29	1050m: 13:32.20	1300m: 16:47.40
100m: 1:11.62	350m: 4:26.37	600m: 7:40.82	850m: 10:55.34	1100m: 14:11.09	1350m: 17:26.08
150m: 1:50.67	400m: 5:04.83	650m: 8:19.34	900m: 11:34.30	1150m: 14:50.24	1400m: 18:04.49
200m: 2:30.09	450m: 5:43.94	700m: 8:58.24	950m: 12:13.47	1200m: 15:29.07	1450m: 18:42.43
250m: 3:08.99	500m: 6:23.08	750m: 9:37.44	1000m: 12:53.01	1250m: 16:08.21	1500m: 19:18.98
7. Geens Dré	ZCT/11117/09 20:46.43	19:30.61	378		
50m: 34.95	300m: 3:49.42	550m: 7:05.88	800m: 10:25.69	1050m: 13:43.47	1300m: 17:00.70
100m: 1:13.17	350m: 4:28.37	600m: 7:45.71	850m: 11:04.81	1100m: 14:23.66	1350m: 17:40.29
150m: 1:52.41	400m: 5:08.07	650m: 8:25.64	900m: 11:44.61	1150m: 15:03.40	1400m: 18:18.99
200m: 2:30.93	450m: 5:47.39	700m: 9:05.69	950m: 12:23.95	1200m: 15:42.03	1450m: 18:56.05
250m: 3:10.09	500m: 6:25.84	750m: 9:45.40	1000m: 13:03.93	1250m: 16:21.42	1500m: 19:30.61

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt					
8.	Vervloessem Frits		ZCT/11102/10		20:17.81	19:34.27	375					
	50m:	35.02	300m:	3:52.09	550m:	7:09.02	800m:	10:27.70	1050m:	13:44.67	1300m:	17:00.23
	100m:	1:13.64	350m:	4:31.22	600m:	7:48.70	850m:	11:07.08	1100m:	14:23.83	1350m:	17:39.03
	150m:	1:53.12	400m:	5:10.78	650m:	8:27.73	900m:	11:46.51	1150m:	15:02.71	1400m:	18:18.69
	200m:	2:32.51	450m:	5:49.66	700m:	9:07.64	950m:	12:26.12	1200m:	15:41.95	1450m:	18:57.03
	250m:	3:12.65	500m:	6:29.27	750m:	9:48.08	1000m:	13:05.68	1250m:	16:20.84	1500m:	19:34.27
9.	Pasteels Einar		TRUST/11087/21		19:50.00	19:48.26	362					
	50m:	35.43	300m:	3:50.51	550m:	7:10.25	800m:	10:33.76	1050m:	13:53.44	1300m:	17:15.25
	100m:	1:14.47	350m:	4:30.00	600m:	7:50.56	850m:	11:12.88	1100m:	14:33.53	1350m:	17:55.94
	150m:	1:53.25	400m:	5:09.38	650m:	8:31.43	900m:	11:52.75	1150m:	15:14.38	1400m:	18:35.90
	200m:	2:32.15	450m:	5:49.27	700m:	9:12.09	950m:	12:32.73	1200m:	15:54.31	1450m:	19:14.09
	250m:	3:11.08	500m:	6:29.42	750m:	9:52.82	1000m:	13:12.95	1250m:	16:34.91	1500m:	19:48.26
10.	Baelen Tobe		DBT/11113/10		20:00.00	19:50.47	360					
	50m:	35.08	300m:	3:54.07	550m:	7:14.74	800m:	10:35.89	1050m:	13:58.45	1300m:	17:18.25
	100m:	1:14.91	350m:	4:33.87	600m:	7:53.63	850m:	11:16.33	1100m:	14:39.21	1350m:	17:57.80
	150m:	1:55.04	400m:	5:14.36	650m:	8:34.45	900m:	11:57.24	1150m:	15:18.61	1400m:	18:37.01
	200m:	2:35.18	450m:	5:54.23	700m:	9:14.40	950m:	12:37.77	1200m:	15:58.21	1450m:	19:14.86
	250m:	3:14.49	500m:	6:34.27	750m:	9:55.27	1000m:	13:17.23	1250m:	16:38.48	1500m:	19:50.47
11.	Tubbe Xander		STZ/11003/09		20:30.00	19:52.00	358					
	50m:	35.22	300m:	3:53.20	550m:	7:14.79	800m:	10:36.54	1050m:	13:57.52	1300m:	17:18.84
	100m:	1:14.50	350m:	4:33.31	600m:	7:55.31	850m:	11:16.09	1100m:	14:37.74	1350m:	17:58.33
	150m:	1:53.55	400m:	5:13.79	650m:	8:35.61	900m:	11:56.43	1150m:	15:17.99	1400m:	18:38.08
	200m:	2:33.18	450m:	5:54.08	700m:	9:16.12	950m:	12:36.02	1200m:	15:58.53	1450m:	19:16.36
	250m:	3:12.84	500m:	6:34.03	750m:	9:56.07	1000m:	13:16.68	1250m:	16:38.51	1500m:	19:52.00
12.	Kentin Shane		STZ/11001/09		20:30.00	19:53.03	357					
	50m:	34.88	300m:	3:55.06	550m:	7:16.86	800m:	10:37.99	1050m:	14:00.79	1300m:	17:21.02
	100m:	1:13.94	350m:	4:35.41	600m:	7:57.40	850m:	11:17.74	1100m:	14:41.33	1350m:	17:59.77
	150m:	1:53.74	400m:	5:15.13	650m:	8:37.02	900m:	11:59.47	1150m:	15:21.99	1400m:	18:39.23
	200m:	2:34.17	450m:	5:55.48	700m:	9:17.27	950m:	12:39.86	1200m:	16:01.59	1450m:	19:17.78
	250m:	3:14.40	500m:	6:36.14	750m:	9:56.98	1000m:	13:20.98	1250m:	16:41.65	1500m:	19:53.03
13.	Roosen Lukas		PZC/11077/10		20:37.90	20:07.05	345					
	50m:	36.21	300m:	3:58.68	550m:	7:21.81	800m:	10:45.40	1050m:	14:11.04	1300m:	17:31.50
	100m:	1:16.29	350m:	4:39.51	600m:	8:02.59	850m:	11:27.26	1100m:	14:51.23	1350m:	18:12.02
	150m:	1:56.91	400m:	5:20.26	650m:	8:43.57	900m:	12:07.72	1150m:	15:30.89	1400m:	18:51.26
	200m:	2:37.15	450m:	6:01.09	700m:	9:24.36	950m:	12:48.79	1200m:	16:11.07	1450m:	19:30.06
	250m:	3:17.85	500m:	6:41.58	750m:	10:05.58	1000m:	13:29.83	1250m:	16:52.03	1500m:	20:07.05
14.	Bergmans Mats		HZS/11194/10		22:04.31	20:33.19	323					
	50m:	37.13	300m:	4:03.19	550m:	7:30.06	800m:	10:54.59	1050m:	14:23.76	1300m:	17:51.55
	100m:	1:17.37	350m:	4:44.59	600m:	8:10.72	850m:	11:36.17	1100m:	15:05.65	1350m:	18:33.30
	150m:	1:58.69	400m:	5:26.05	650m:	8:51.33	900m:	12:17.92	1150m:	15:47.79	1400m:	19:14.34
	200m:	2:40.15	450m:	6:07.64	700m:	9:32.82	950m:	12:59.95	1200m:	16:29.45	1450m:	19:55.02
	250m:	3:21.59	500m:	6:48.60	750m:	10:13.46	1000m:	13:41.80	1250m:	17:11.09	1500m:	20:33.19
15.	Slaets Cédric		ZCT/11091/09		21:46.06	20:44.85	314					
	50m:	36.55	300m:	4:00.99	550m:	7:28.70	800m:	10:56.94	1050m:	14:31.95	1300m:	18:05.45
	100m:	1:16.91	350m:	4:42.01	600m:	8:10.35	850m:	11:40.40	1100m:	15:12.71	1350m:	18:48.42
	150m:	1:58.18	400m:	5:23.30	650m:	8:52.35	900m:	12:22.38	1150m:	15:55.43	1400m:	19:30.99
	200m:	2:39.48	450m:	6:04.99	700m:	9:35.16	950m:	13:05.57	1200m:	16:38.63	1450m:	20:10.22
	250m:	3:19.47	500m:	6:46.55	750m:	10:15.26	1000m:	13:49.43	1250m:	17:22.06	1500m:	20:44.85
16.	Sluyts Jenne		WST/11093/09		21:50.00	21:03.41	301					
	50m:	37.62	300m:	4:08.99	550m:	7:42.33	800m:	11:20.27	1050m:	14:56.11	1300m:	18:23.34
	100m:	1:19.36	350m:	4:51.59	600m:	8:26.14	850m:	12:04.10	1100m:	15:38.23	1350m:	19:04.95
	150m:	2:01.50	400m:	5:34.03	650m:	9:10.19	900m:	12:47.02	1150m:	16:19.71	1400m:	19:46.60
	200m:	2:43.88	450m:	6:16.41	700m:	9:54.36	950m:	13:30.37	1200m:	17:01.53	1450m:	20:26.58
	250m:	3:26.74	500m:	6:59.68	750m:	10:37.21	1000m:	14:14.01	1250m:	17:42.33	1500m:	21:03.41
17.	van den Berg Jasper		PZC/11086/10		22:57.62	21:14.90	293					
	50m:	37.64	300m:	4:12.80	550m:	7:46.95	800m:	11:19.93	1050m:	14:53.96	1300m:	18:28.13
	100m:	1:19.44	350m:	4:55.98	600m:	8:30.65	850m:	12:02.45	1100m:	15:36.63	1350m:	19:10.68
	150m:	2:02.75	400m:	5:38.80	650m:	9:13.13	900m:	12:45.62	1150m:	16:19.62	1400m:	19:53.74
	200m:	2:45.93	450m:	6:22.14	700m:	9:56.10	950m:	13:28.27	1200m:	17:02.61	1450m:	20:36.24
	250m:	3:29.57	500m:	7:04.38	750m:	10:37.76	1000m:	14:11.34	1250m:	17:45.13	1500m:	21:14.90

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inscr.		Tijd	Pnt				
18.	Naghiu Patrick		BRABO/11318/22:30.00				21:16.51	292				
	50m:	36.79	300m:	4:05.37	550m:	7:39.27	800m:	11:17.09	1050m:	14:53.16	1300m:	18:29.21
	100m:	1:17.98	350m:	4:47.58	600m:	8:22.66	850m:	12:00.02	1100m:	15:37.07	1350m:	19:11.30
	150m:	1:59.37	400m:	5:29.71	650m:	9:06.06	900m:	12:42.78	1150m:	16:20.21	1400m:	19:54.85
	200m:	2:41.23	450m:	6:12.44	700m:	9:49.75	950m:	13:26.61	1200m:	17:03.87	1450m:	20:36.99
	250m:	3:22.57	500m:	6:55.64	750m:	10:32.56	1000m:	14:10.09	1250m:	17:46.82	1500m:	21:16.51
19.	Leysen Warre		PZC/11082/10 24:11.69				21:17.40	291				
	50m:	38.54	300m:	4:16.36	550m:	7:55.91	800m:	11:35.13	1050m:	15:11.30	1300m:	18:39.43
	100m:	1:21.65	350m:	5:00.27	600m:	8:40.20	850m:	12:19.15	1100m:	15:53.38	1350m:	19:21.36
	150m:	2:05.16	400m:	5:44.54	650m:	9:23.78	900m:	13:02.47	1150m:	16:34.74	1400m:	20:02.56
	200m:	2:48.67	450m:	6:28.76	700m:	10:06.80	950m:	13:45.92	1200m:	17:16.36	1450m:	20:41.18
	250m:	3:32.31	500m:	7:12.84	750m:	10:51.00	1000m:	14:28.60	1250m:	17:58.22	1500m:	21:17.40
20.	Lescrauwaet Manu		STZ/11101/09 22:30.00				21:18.88	290				
	50m:	36.98	300m:	4:07.69	550m:	7:44.15	800m:	11:22.90	1050m:	15:01.29	1300m:	18:36.97
	100m:	1:17.97	350m:	4:51.13	600m:	8:27.66	850m:	12:06.58	1100m:	15:44.51	1350m:	19:19.43
	150m:	1:59.84	400m:	5:34.32	650m:	9:11.67	900m:	12:50.55	1150m:	16:28.25	1400m:	20:01.88
	200m:	2:42.17	450m:	6:18.14	700m:	9:55.55	950m:	13:34.35	1200m:	17:10.89	1450m:	20:42.82
	250m:	3:24.54	500m:	7:01.29	750m:	10:39.19	1000m:	14:17.64	1250m:	17:53.35	1500m:	21:18.88
21.	Danilov Michaël		PZC/11054/09 23:19.70				21:34.47	280				
	50m:	37.83	300m:	4:18.46	550m:	7:58.75	800m:	11:37.09	1050m:	15:15.88	1300m:	18:50.95
	100m:	1:21.79	350m:	5:02.22	600m:	8:42.41	850m:	12:20.45	1100m:	15:59.05	1350m:	19:34.11
	150m:	2:05.54	400m:	5:47.21	650m:	9:25.98	900m:	13:04.71	1150m:	16:42.21	1400m:	20:15.73
	200m:	2:49.77	450m:	6:31.27	700m:	10:10.12	950m:	13:48.20	1200m:	17:25.05	1450m:	20:57.25
	250m:	3:33.82	500m:	7:14.85	750m:	10:53.70	1000m:	14:31.88	1250m:	18:07.34	1500m:	21:34.47
22.	Amazian Mohammed		BRABO/11319/24:49.13				21:40.79	275				
	50m:	38.58	300m:	4:11.72	550m:	7:51.59	800m:	11:32.39	1050m:	15:11.74	1300m:	18:52.73
	100m:	1:19.97	350m:	4:55.74	600m:	8:34.97	850m:	12:16.52	1100m:	15:55.94	1350m:	19:37.89
	150m:	2:02.43	400m:	5:40.05	650m:	9:19.81	900m:	12:59.61	1150m:	16:40.29	1400m:	20:20.48
	200m:	2:46.72	450m:	6:24.73	700m:	10:03.73	950m:	13:43.96	1200m:	17:24.12	1450m:	21:00.58
	250m:	3:29.52	500m:	7:08.06	750m:	10:48.46	1000m:	14:27.92	1250m:	18:08.94	1500m:	21:40.79
23.	Coppens Pepijn		STZ/11098/09 22:30.00				21:42.68	274				
	50m:	37.36	300m:	4:12.96	550m:	7:54.94	800m:	11:36.45	1050m:	15:16.16	1300m:	18:50.49
	100m:	1:19.15	350m:	4:56.61	600m:	8:38.09	850m:	12:20.63	1100m:	15:59.24	1350m:	19:33.79
	150m:	2:02.20	400m:	5:40.93	650m:	9:22.34	900m:	13:04.40	1150m:	16:42.51	1400m:	20:15.54
	200m:	2:45.76	450m:	6:26.50	700m:	10:06.82	950m:	13:47.95	1200m:	17:25.01	1450m:	20:59.19
	250m:	3:29.12	500m:	7:10.51	750m:	10:51.17	1000m:	14:32.21	1250m:	18:07.72	1500m:	21:42.68
24.	Lecart Aaron		STZ/11092/09 22:00.00				21:52.31	268				
	50m:	35.99	300m:	4:04.74	550m:	7:45.44	800m:	11:31.92	1050m:	15:14.70	1300m:	19:01.92
	100m:	1:16.23	350m:	4:47.65	600m:	8:30.26	850m:	12:17.75	1100m:	16:01.71	1350m:	19:47.40
	150m:	1:58.17	400m:	5:31.06	650m:	9:16.17	900m:	13:03.67	1150m:	16:46.50	1400m:	20:32.58
	200m:	2:39.83	450m:	6:16.52	700m:	10:00.63	950m:	13:48.47	1200m:	17:30.15	1450m:	21:15.14
	250m:	3:21.66	500m:	7:01.10	750m:	10:46.33	1000m:	14:32.03	1250m:	18:15.94	1500m:	21:52.31
25.	Meert Vince		STZ/11153/09 22:30.00				21:53.49	268				
	50m:	36.65	300m:	4:12.41	550m:	7:54.18	800m:	11:35.43	1050m:	15:14.64	1300m:	18:59.23
	100m:	1:18.16	350m:	4:56.49	600m:	8:38.06	850m:	12:19.44	1100m:	15:58.67	1350m:	19:44.44
	150m:	2:01.53	400m:	5:40.66	650m:	9:22.03	900m:	13:02.81	1150m:	16:43.49	1400m:	20:29.60
	200m:	2:44.73	450m:	6:25.07	700m:	10:06.74	950m:	13:47.04	1200m:	17:28.31	1450m:	21:13.38
	250m:	3:28.59	500m:	7:09.38	750m:	10:51.10	1000m:	14:30.64	1250m:	18:13.95	1500m:	21:53.49
26.	Ottevaere Benjamin		BRABO/11304/23:21.00				22:26.04	249				
	50m:	39.13	300m:	4:26.15	550m:	8:15.84	800m:	12:04.77	1050m:	15:52.51	1300m:	19:36.36
	100m:	1:23.65	350m:	5:12.45	600m:	9:02.70	850m:	12:50.47	1100m:	16:36.99	1350m:	20:19.99
	150m:	2:08.20	400m:	5:58.18	650m:	9:48.07	900m:	13:35.87	1150m:	17:23.44	1400m:	21:03.80
	200m:	2:54.71	450m:	6:43.34	700m:	10:34.22	950m:	14:21.52	1200m:	18:07.68	1450m:	21:45.67
	250m:	3:40.70	500m:	7:29.65	750m:	11:20.38	1000m:	15:07.44	1250m:	18:52.54	1500m:	22:26.04
27.	Struyf Arthur		TRUST/11162/21:39.21				22:28.83	247				
	50m:	36.07	300m:	4:16.77	550m:	8:05.84	800m:	11:54.33	1050m:	15:44.24	1300m:	19:32.95
	100m:	1:17.08	350m:	5:01.84	600m:	8:51.71	850m:	12:40.12	1100m:	16:30.08	1350m:	20:17.39
	150m:	2:01.05	400m:	5:47.96	650m:	9:37.98	900m:	13:25.99	1150m:	17:15.72	1400m:	21:02.81
	200m:	2:45.76	450m:	6:32.46	700m:	10:23.26	950m:	14:12.12	1200m:	18:01.92	1450m:	21:47.76
	250m:	3:31.12	500m:	7:18.29	750m:	11:08.99	1000m:	14:58.49	1250m:	18:47.86	1500m:	22:28.83

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
28. Bas Briek	STZ/11115/10 23:30.00	22:35.89	243
50m: 37.59	300m: 4:17.97	550m: 8:02.48	800m: 11:47.02
100m: 1:20.71	350m: 5:02.56	600m: 8:47.18	850m: 12:33.50
150m: 2:04.16	400m: 5:47.63	650m: 9:31.91	900m: 13:19.39
200m: 2:48.87	450m: 6:32.90	700m: 10:15.61	950m: 14:05.69
250m: 3:33.33	500m: 7:17.30	750m: 11:01.10	1000m: 14:52.16
		1050m: 15:37.71	1300m: 19:31.00
		1100m: 16:23.12	1350m: 20:18.22
		1150m: 17:09.06	1400m: 21:04.42
		1200m: 17:55.70	1450m: 21:51.17
		1250m: 18:43.48	1500m: 22:35.89
29. De Haes Tibo	STZ/11112/10 23:30.00	24:03.80	201
50m: 38.86	300m: 4:34.97	550m: 8:37.48	800m: 12:40.52
100m: 1:25.13	350m: 5:23.64	600m: 9:26.08	850m: 13:30.38
150m: 2:11.44	400m: 6:12.29	650m: 10:15.09	900m: 14:18.37
200m: 2:58.51	450m: 7:00.68	700m: 11:03.08	950m: 15:07.07
250m: 3:46.40	500m: 7:49.01	750m: 11:51.52	1000m: 15:56.94
		1050m: 16:47.35	1300m: 20:55.23
		1100m: 17:36.90	1350m: 21:43.55
		1150m: 18:26.41	1400m: 22:30.39
		1200m: 19:15.98	1450m: 23:17.14
		1250m: 20:06.07	1500m: 24:03.80

15 - 16 jaar

1. Stox Bram	HZS/11090/08 18:22.20	17:27.65	528
50m: 31.26	300m: 3:25.84	550m: 6:22.24	800m: 9:22.48
100m: 1:05.69	350m: 4:00.80	600m: 6:58.83	850m: 9:57.79
150m: 1:40.68	400m: 4:36.33	650m: 7:34.98	900m: 10:33.46
200m: 2:15.69	450m: 5:11.44	700m: 8:11.02	950m: 11:09.09
250m: 2:50.67	500m: 5:47.00	750m: 8:47.05	1000m: 11:44.82
		1050m: 12:20.41	1300m: 15:15.56
		1100m: 12:55.77	1350m: 15:49.84
		1150m: 13:30.63	1400m: 16:23.18
		1200m: 14:06.05	1450m: 16:56.34
		1250m: 14:41.78	1500m: 17:27.65
2. Van de Gender Nils	STW/11120/07 19:00.04	17:49.25	496
50m: 30.96	300m: 3:29.33	550m: 6:29.11	800m: 9:28.15
100m: 1:05.93	350m: 4:05.37	600m: 7:05.01	850m: 10:04.18
150m: 1:41.48	400m: 4:41.12	650m: 7:40.91	900m: 10:40.27
200m: 2:17.35	450m: 5:17.05	700m: 8:16.72	950m: 11:16.03
250m: 2:53.30	500m: 5:52.74	750m: 8:52.55	1000m: 11:52.01
		1050m: 12:27.86	1300m: 15:28.07
		1100m: 13:03.79	1350m: 16:04.22
		1150m: 13:39.67	1400m: 16:40.44
		1200m: 14:15.65	1450m: 17:16.68
		1250m: 14:52.07	1500m: 17:49.25
3. Hauben Sander	HZS/11153/07 18:22.30	18:07.67	472
50m: 32.36	300m: 3:31.00	550m: 6:32.59	800m: 9:37.70
100m: 1:07.66	350m: 4:07.08	600m: 7:09.14	850m: 10:13.60
150m: 1:43.35	400m: 4:43.74	650m: 7:45.93	900m: 10:47.77
200m: 2:19.17	450m: 5:19.78	700m: 8:22.68	950m: 11:24.21
250m: 2:54.98	500m: 5:56.11	750m: 8:59.62	1000m: 12:01.85
		1050m: 12:39.58	1300m: 15:42.23
		1100m: 13:15.84	1350m: 16:20.19
		1150m: 13:50.18	1400m: 16:53.91
		1200m: 14:26.55	1450m: 17:30.93
		1250m: 15:05.09	1500m: 18:07.67
4. Van de Gender Wout	STW/11178/08 19:36.13	18:19.89	456
50m: 32.95	300m: 3:36.95	550m: 6:41.89	800m: 9:45.60
100m: 1:09.48	350m: 4:13.77	600m: 7:18.67	850m: 10:22.24
150m: 1:46.50	400m: 4:50.63	650m: 7:55.52	900m: 10:59.44
200m: 2:23.18	450m: 5:27.84	700m: 8:32.21	950m: 11:36.01
250m: 3:00.00	500m: 6:04.89	750m: 9:08.77	1000m: 12:13.20
		1050m: 12:50.31	1300m: 15:55.21
		1100m: 13:27.25	1350m: 16:31.72
		1150m: 14:04.41	1400m: 17:08.34
		1200m: 14:41.44	1450m: 17:45.32
		1250m: 15:18.22	1500m: 18:19.89
5. Van der Borghst Floris	ZCT/11072/08 19:20.84	18:20.20	456
50m: 33.44	300m: 3:38.44	550m: 6:43.64	800m: 9:47.58
100m: 1:09.89	350m: 4:15.54	600m: 7:20.84	850m: 10:24.61
150m: 1:47.37	400m: 4:52.63	650m: 7:57.18	900m: 11:01.68
200m: 2:24.27	450m: 5:29.65	700m: 8:34.06	950m: 11:38.97
250m: 3:01.11	500m: 6:06.89	750m: 9:10.91	1000m: 12:15.79
		1050m: 12:52.38	1300m: 15:57.82
		1100m: 13:29.41	1350m: 16:35.18
		1150m: 14:06.66	1400m: 17:11.87
		1200m: 14:43.64	1450m: 17:46.51
		1250m: 15:20.59	1500m: 18:20.20
6. Ottevaere Alexander	BRABO/11215/19:20.51	18:21.26	454
50m: 32.25	300m: 3:37.08	550m: 6:44.19	800m: 9:49.29
100m: 1:08.59	350m: 4:14.62	600m: 7:21.58	850m: 10:26.31
150m: 1:45.52	400m: 4:52.26	650m: 7:58.92	900m: 11:03.97
200m: 2:22.61	450m: 5:29.81	700m: 8:35.72	950m: 11:41.53
250m: 2:59.85	500m: 6:06.89	750m: 9:12.76	1000m: 12:19.07
		1050m: 12:55.53	1300m: 15:58.72
		1100m: 13:31.57	1350m: 16:34.80
		1150m: 14:07.78	1400m: 17:11.68
		1200m: 14:45.19	1450m: 17:46.78
		1250m: 15:22.18	1500m: 18:21.26
7. Makboulian Tyron	STW/11182/08 19:16.35	18:22.07	453
50m: 32.00	300m: 3:30.91	550m: 6:33.35	800m: 9:40.44
100m: 1:07.19	350m: 4:07.22	600m: 7:10.03	850m: 10:18.26
150m: 1:42.73	400m: 4:43.34	650m: 7:47.29	900m: 10:56.33
200m: 2:19.04	450m: 5:19.98	700m: 8:24.83	950m: 11:33.83
250m: 2:54.67	500m: 5:56.60	750m: 9:02.57	1000m: 12:11.95
		1050m: 12:49.88	1300m: 15:57.34
		1100m: 13:27.65	1350m: 16:34.53
		1150m: 14:04.84	1400m: 17:11.10
		1200m: 14:42.31	1450m: 17:48.29
		1250m: 15:19.93	1500m: 18:22.07

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inscr.	Tijd	Pnt					
8.	Pelgrims Lowie		ZCT/11073/08		19:22.90	18:34.19	439					
	50m:	34.59	300m:	3:44.41	550m:	6:53.87	800m:	10:00.63	1050m:	13:07.51	1300m:	16:12.66
	100m:	1:12.41	350m:	4:22.55	600m:	7:31.87	850m:	10:38.40	1100m:	13:45.12	1350m:	16:49.21
	150m:	1:50.90	400m:	5:01.00	650m:	8:09.04	900m:	11:16.07	1150m:	14:23.05	1400m:	17:25.31
	200m:	2:28.21	450m:	5:38.79	700m:	8:45.74	950m:	11:54.29	1200m:	14:59.73	1450m:	18:00.94
	250m:	3:06.57	500m:	6:16.40	750m:	9:23.06	1000m:	12:30.66	1250m:	15:36.77	1500m:	18:34.19
9.	Sterckx Daan		TRUST/11077/19		19:16.79	18:39.59	432					
	50m:	32.16	300m:	3:39.24	550m:	6:47.90	800m:	9:57.04	1050m:	13:05.72	1300m:	16:14.06
	100m:	1:08.89	350m:	4:16.83	600m:	7:25.83	850m:	10:34.59	1100m:	13:43.83	1350m:	16:50.75
	150m:	1:46.13	400m:	4:54.67	650m:	8:03.68	900m:	11:12.15	1150m:	14:21.25	1400m:	17:27.78
	200m:	2:23.53	450m:	5:32.53	700m:	8:41.53	950m:	11:50.43	1200m:	14:59.48	1450m:	18:04.29
	250m:	3:01.24	500m:	6:10.60	750m:	9:19.46	1000m:	12:28.18	1250m:	15:36.92	1500m:	18:39.59
10.	Maes Yoran		TRUST/11156/20		20:58.21	18:56.13	414					
	50m:	34.76	300m:	3:44.59	550m:	6:57.02	800m:	10:09.45	1050m:	13:19.90	1300m:	16:30.14
	100m:	1:12.68	350m:	4:22.95	600m:	7:35.78	850m:	10:48.47	1100m:	13:57.88	1350m:	17:07.19
	150m:	1:49.97	400m:	5:01.46	650m:	8:14.56	900m:	11:25.63	1150m:	14:35.49	1400m:	17:44.60
	200m:	2:27.88	450m:	5:40.76	700m:	8:52.76	950m:	12:03.36	1200m:	15:13.60	1450m:	18:21.83
	250m:	3:06.07	500m:	6:18.81	750m:	9:31.13	1000m:	12:42.55	1250m:	15:51.79	1500m:	18:56.13
11.	Baelen Siebe		DBT/11103/07		19:50.00	19:40.76	368					
	50m:	33.21	300m:	3:41.75	550m:	7:00.03	800m:	10:19.80	1050m:	13:41.50	1300m:	17:04.44
	100m:	1:09.74	350m:	4:20.62	600m:	7:39.41	850m:	10:59.91	1100m:	14:22.03	1350m:	17:44.10
	150m:	1:47.74	400m:	5:00.22	650m:	8:18.78	900m:	11:39.93	1150m:	15:02.13	1400m:	18:23.57
	200m:	2:25.15	450m:	5:40.01	700m:	8:59.39	950m:	12:20.08	1200m:	15:42.87	1450m:	19:03.27
	250m:	3:02.90	500m:	6:19.80	750m:	9:39.36	1000m:	13:00.69	1250m:	16:23.64	1500m:	19:40.76
12.	Beishuizen Tom		PZC/31095/08		24:57.20	21:29.81	283					
	50m:	37.00	300m:	4:10.55	550m:	7:50.28	800m:	11:30.56	1050m:	15:11.47	1300m:	18:47.37
	100m:	1:18.54	350m:	4:53.84	600m:	8:34.33	850m:	12:14.90	1100m:	15:54.62	1350m:	19:30.53
	150m:	2:01.15	400m:	5:37.95	650m:	9:17.82	900m:	12:59.71	1150m:	16:37.32	1400m:	20:14.23
	200m:	2:44.38	450m:	6:22.12	700m:	10:02.00	950m:	13:44.21	1200m:	17:20.33	1450m:	20:53.66
	250m:	3:27.08	500m:	7:05.69	750m:	10:46.04	1000m:	14:27.94	1250m:	18:03.85	1500m:	21:29.81
13.	Declercq Mick		BRABO/11258/26		22:22.78	21:42.41	274					
	50m:	37.77	300m:	4:12.83	550m:	7:53.87	800m:	11:36.00	1050m:	15:20.79	1300m:	19:02.02
	100m:	1:18.56	350m:	4:57.67	600m:	8:37.30	850m:	12:20.90	1100m:	16:06.97	1350m:	19:42.06
	150m:	2:01.54	400m:	5:41.61	650m:	9:22.13	900m:	13:04.84	1150m:	16:52.43	1400m:	20:21.84
	200m:	2:46.46	450m:	6:25.21	700m:	10:06.62	950m:	13:50.74	1200m:	17:37.28	1450m:	21:01.76
	250m:	3:29.39	500m:	7:09.44	750m:	10:51.37	1000m:	14:34.24	1250m:	18:20.82	1500m:	21:42.41
FF	Pouls Roderik		FFGZVN/11167/0		18:09.30							

17 - 18 jaar

1.	Kopriva Ilio		DBT/11016/06		16:25.50	16:16.61	652					
	50m:	28.81	300m:	3:09.96	550m:	5:53.95	800m:	8:38.39	1050m:	11:23.51	1300m:	14:07.90
	100m:	1:00.59	350m:	3:42.57	600m:	6:26.89	850m:	9:11.63	1100m:	11:56.51	1350m:	14:41.10
	150m:	1:32.67	400m:	4:15.30	650m:	6:59.65	900m:	9:44.43	1150m:	12:29.46	1400m:	15:13.68
	200m:	2:05.16	450m:	4:48.14	700m:	7:32.58	950m:	10:17.71	1200m:	13:02.19	1450m:	15:45.70
	250m:	2:37.39	500m:	5:20.94	750m:	8:05.42	1000m:	10:50.57	1250m:	13:35.07	1500m:	16:16.61
2.	Thys Bjarne		STW/11143/05		17:17.75	17:02.24	568					
	50m:	29.69	300m:	3:18.58	550m:	6:10.25	800m:	9:02.01	1050m:	11:54.64	1300m:	14:46.91
	100m:	1:02.39	350m:	3:52.78	600m:	6:44.69	850m:	9:36.55	1100m:	12:29.01	1350m:	15:21.01
	150m:	1:36.26	400m:	4:26.85	650m:	7:18.95	900m:	10:10.89	1150m:	13:02.98	1400m:	15:55.70
	200m:	2:10.40	450m:	5:01.35	700m:	7:53.31	950m:	10:45.42	1200m:	13:37.55	1450m:	16:30.38
	250m:	2:44.45	500m:	5:36.01	750m:	8:27.64	1000m:	11:20.21	1250m:	14:12.17	1500m:	17:02.24
3.	Verbist Benjamin		STW/11144/06		17:53.94	17:16.93	544					
	50m:	30.64	300m:	3:20.66	550m:	6:13.33	800m:	9:06.49	1050m:	12:00.86	1300m:	14:57.29
	100m:	1:03.97	350m:	3:55.19	600m:	6:47.96	850m:	9:41.09	1100m:	12:35.75	1350m:	15:32.37
	150m:	1:37.94	400m:	4:29.45	650m:	7:22.63	900m:	10:15.74	1150m:	13:10.55	1400m:	16:07.56
	200m:	2:11.99	450m:	5:03.95	700m:	7:57.44	950m:	10:50.65	1200m:	13:46.10	1450m:	16:42.68
	250m:	2:46.39	500m:	5:38.52	750m:	8:31.99	1000m:	11:25.86	1250m:	14:21.41	1500m:	17:16.93

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 17 - 18 jaar

Rang											Inschr.	Tijd	Pnt
4.	Catty Arne										ZCT/11047/06 18:25.22	17:37.30	513
	50m:	31.47	300m:	3:28.07	550m:	6:26.14	800m:	9:26.05	1050m:	12:24.24	1300m:	15:20.85	
	100m:	1:06.57	350m:	4:03.95	600m:	7:02.01	850m:	10:01.70	1100m:	12:59.64	1350m:	15:56.33	
	150m:	1:42.21	400m:	4:40.16	650m:	7:37.58	900m:	10:37.37	1150m:	13:35.11	1400m:	16:31.42	
	200m:	2:17.63	450m:	5:15.30	700m:	8:13.97	950m:	11:12.95	1200m:	14:10.78	1450m:	17:05.63	
	250m:	2:52.93	500m:	5:50.55	750m:	8:49.83	1000m:	11:48.80	1250m:	14:46.11	1500m:	17:37.30	
5.	Meers Jan										HZS/11083/06 20:22.17	18:09.69	469
	50m:	30.71	300m:	3:25.03	550m:	6:25.13	800m:	9:28.81	1050m:	12:34.49	1300m:	15:40.38	
	100m:	1:04.29	350m:	4:00.66	600m:	7:02.05	850m:	10:05.30	1100m:	13:11.94	1350m:	16:18.09	
	150m:	1:39.18	400m:	4:36.46	650m:	7:38.47	900m:	10:42.50	1150m:	13:48.73	1400m:	16:55.73	
	200m:	2:14.60	450m:	5:12.36	700m:	8:15.25	950m:	11:19.76	1200m:	14:25.96	1450m:	17:33.21	
	250m:	2:49.71	500m:	5:48.49	750m:	8:51.70	1000m:	11:57.06	1250m:	15:03.39	1500m:	18:09.69	
6.	Nollet Robbe										BRABO/11088/18:50.00	18:48.29	422
	50m:	32.20	300m:	3:33.63	550m:	6:38.99	800m:	9:48.29	1050m:	13:01.99	1300m:	16:16.39	
	100m:	1:07.64	350m:	4:10.38	600m:	7:16.38	850m:	10:26.79	1100m:	13:40.66	1350m:	16:55.25	
	150m:	1:44.11	400m:	4:47.41	650m:	7:54.48	900m:	11:05.83	1150m:	14:19.54	1400m:	17:33.70	
	200m:	2:20.60	450m:	5:24.15	700m:	8:32.55	950m:	11:44.36	1200m:	14:58.35	1450m:	18:12.10	
	250m:	2:56.99	500m:	6:01.45	750m:	9:10.14	1000m:	12:23.16	1250m:	15:37.75	1500m:	18:48.29	
7.	Van Waelderens Thomas										WST/11080/05 18:38.00	18:49.68	421
	50m:	34.43	300m:	3:45.07	550m:	6:57.12	800m:	10:10.21	1050m:	13:21.64	1300m:	16:28.60	
	100m:	1:11.75	350m:	4:23.70	600m:	7:35.45	850m:	10:48.76	1100m:	13:58.66	1350m:	17:06.19	
	150m:	1:49.38	400m:	5:02.03	650m:	8:14.26	900m:	11:27.76	1150m:	14:36.27	1400m:	17:42.08	
	200m:	2:27.51	450m:	5:40.17	700m:	8:53.01	950m:	12:05.86	1200m:	15:13.85	1450m:	18:17.61	
	250m:	3:06.26	500m:	6:18.59	750m:	9:32.00	1000m:	12:44.07	1250m:	15:51.08	1500m:	18:49.68	
dis	De Grauwe Arne										disSTW/11147/05 18:04.76		
	<i>SW 10.2 - Niet de volledige afstand gezwommen</i>												

19 jaar en ouder

1.	Lemmens Tuur										HZS/10395/97 16:45.00	16:38.15	610
	50m:	28.51	300m:	3:05.85	550m:	5:54.05	800m:	8:44.00	1050m:	11:33.08	1300m:	14:22.41	
	100m:	59.75	350m:	3:36.03	600m:	6:27.79	850m:	9:18.07	1100m:	12:06.37	1350m:	14:56.63	
	150m:	1:31.43	400m:	4:05.84	650m:	7:02.08	900m:	9:51.48	1150m:	12:40.29	1400m:	15:30.90	
	200m:	2:03.13	450m:	4:44.12	700m:	7:36.40	950m:	10:24.74	1200m:	13:14.40	1450m:	16:04.79	
	250m:	2:34.38	500m:	5:19.99	750m:	8:10.21	1000m:	10:58.85	1250m:	13:48.13	1500m:	16:38.15	
2.	Heyrman Tigo										BRABO/11007/18:00.00	17:24.46	533
	50m:	29.56	300m:	3:17.28	550m:	6:11.19	800m:	9:09.03	1050m:	12:10.92	1300m:	15:10.09	
	100m:	1:01.59	350m:	3:51.60	600m:	6:46.44	850m:	9:44.18	1100m:	12:47.37	1350m:	15:44.41	
	150m:	1:34.92	400m:	4:26.42	650m:	7:21.54	900m:	10:20.79	1150m:	13:23.19	1400m:	16:18.94	
	200m:	2:08.70	450m:	5:00.91	700m:	7:57.43	950m:	10:57.39	1200m:	13:59.57	1450m:	16:52.95	
	250m:	2:42.87	500m:	5:36.22	750m:	8:33.05	1000m:	11:34.36	1250m:	14:34.86	1500m:	17:24.46	